

Uitslag overzicht

Korte baan (25m)

|                       | Afstand/zwemslag | Pl.       | Tijd    | Ronde   | oude PR. | Versch. |           |
|-----------------------|------------------|-----------|---------|---------|----------|---------|-----------|
| Arendsen Sammie       | 29/09/2014       | 201400458 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 40.60   |         | 36.29    | 80%     |           |
|                       | 100 vrije slag   |           | 1:27.88 |         | 1:22.97  | 89%     |           |
|                       | 200 vrije slag   | 7         | 3:00.12 |         | 3:08.25  | 109%    | PR.       |
|                       | 50 rugslag       |           | 45.73   |         | 42.66    | 87%     |           |
|                       | 100 rugslag      |           | 1:36.42 |         | 1:31.27  | 90%     |           |
|                       | 200 rugslag      | 5         | 3:13.43 |         | --       |         | PR.       |
|                       | 50 vlinderslag   |           | 52.91   |         | 43.34    | 67%     |           |
|                       | 100 vlinderslag  | 9         | 1:55.87 |         | 1:58.72  | 105%    | PR.       |
| ten Berge Fiep        | 03/03/2014       | 201400032 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 37.28   |         | 32.82    | 78%     |           |
|                       | 100 vrije slag   |           | 1:19.39 |         | 1:16.53  | 93%     |           |
|                       | 200 vrije slag   | 3         | 2:46.94 |         | 2:51.18  | 105%    | PR.       |
|                       | 50 rugslag       |           | 44.22   |         | 39.03    | 78%     |           |
|                       | 100 rugslag      |           | 1:32.13 |         | 1:29.86  | 95%     |           |
|                       | 200 rugslag      | 3         | 3:05.99 |         | --       |         | PR.       |
|                       | 50 vlinderslag   |           | 44.64   |         | 42.30    | 90%     |           |
| 100 vlinderslag       | 3                | 1:38.02   |         | 1:40.79 | 106%     | PR.     |           |
| Brunebarbe Vayèn      | 20/05/2014       | 201400910 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 40.59   |         | 35.49    | 76%     |           |
|                       | 100 vrije slag   |           | 1:28.74 |         | 1:24.47  | 91%     |           |
|                       | 200 vrije slag   | 6         | 2:59.46 |         | 3:15.11  | 118%    | PR.       |
|                       | 50 rugslag       |           | 50.86   |         | 45.52    | 80%     |           |
|                       | 100 rugslag      |           | 1:48.07 |         | 1:50.44  | 104%    | PR.       |
|                       | 200 rugslag      | 11        | 3:33.40 |         | --       |         | PR.       |
|                       | 50 vlinderslag   |           | 58.08   |         | 54.76    | 89%     |           |
| 100 vlinderslag       | 12               | 2:10.15   |         | --      |          | PR.     |           |
| Dierks Bram           | 29/07/2016       | 201600343 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 42.81   |         | 40.96    | 92%     |           |
|                       | 100 vrije slag   |           | 1:32.14 |         | 1:45.83  | 132%    | PR.       |
|                       | 50 rugslag       |           | 52.26   |         | 49.39    | 89%     |           |
|                       | 100 rugslag      |           | 1:48.81 |         | --       |         | PR.       |
| 50 vlinderslag        |                  | 57.33     |         | --      |          | PR.     |           |
| Dierks Marlie         | 12/12/2014       | 201400462 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 49.14   |         | 40.10    | 67%     |           |
|                       | 100 vrije slag   |           | 1:50.37 |         | 1:41.87  | 85%     |           |
|                       | 200 vrije slag   | 22        | 3:43.70 |         | 4:00.27  | 115%    | PR.       |
|                       | 50 rugslag       |           | 51.96   |         | 46.62    | 81%     |           |
|                       | 100 rugslag      |           | 1:51.08 |         | 1:45.50  | 90%     |           |
| 200 rugslag           | 19               | 3:46.64   |         | --      |          | PR.     |           |
| Groeneveld Derk       | 09/04/2014       | 201400629 |         |         |          |         | De Dinkel |
|                       | 50 vrije slag    |           | 46.10   |         | 37.84    | 67%     |           |
|                       | 100 vrije slag   |           | 1:39.00 |         | 1:30.44  | 83%     |           |
|                       | 200 vrije slag   | 14        | 3:20.92 |         | 3:20.82  | 100%    |           |
|                       | 50 rugslag       |           | 51.73   |         | 47.35    | 84%     |           |
|                       | 100 rugslag      |           | 1:50.02 |         | 1:43.70  | 89%     |           |
|                       | 200 rugslag      | 20        | 3:49.00 |         | --       |         | PR.       |
|                       | 50 vlinderslag   |           | 1:00.45 |         | 53.04    | 77%     |           |
| 100 vlinderslag       | 13               | 2:12.72   |         | --      |          | PR.     |           |
| van Harsseelaar Jacco | 15/03/2017       | 201700111 |         |         |          |         | De Dinkel |
|                       | 50 rugslag       |           | 53.06   |         | 54.58    | 106%    | PR.       |
|                       | 100 rugslag      |           | 1:50.56 |         | --       |         | PR.       |
| 25 vlinderslag        |                  | 29.08     |         | --      |          | PR.     |           |

|                      |            |           |         |         |      |     |           |
|----------------------|------------|-----------|---------|---------|------|-----|-----------|
| te Hennepe Puck      | 21/02/2016 | 201600168 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 49.00   | 43.58   | 79%  |     |           |
| 100 vrije slag       |            |           | 1:44.04 | 1:50.78 | 113% | PR. |           |
| 50 rugslag           |            |           | 52.41   | 50.20   | 92%  |     |           |
| 100 rugslag          |            |           | 1:46.65 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 53.85   | --:--   |      | PR. |           |
| Hofste Jort          | 24/10/2016 | 201600339 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 48.76   | 45.26   | 86%  |     |           |
| 100 vrije slag       |            |           | 1:48.33 | 1:52.18 | 107% | PR. |           |
| 50 rugslag           |            |           | 57.45   | 51.75   | 81%  |     |           |
| 100 rugslag          |            |           | 1:59.16 | --:--   |      | PR. |           |
| 25 vlinderslag       |            |           | 27.62   | --:--   |      | PR. |           |
| Hofste Lynn          | 26/06/2015 | 201500238 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 36.53   | 32.04   | 77%  |     |           |
| 100 vrije slag       |            |           | 1:18.45 | 1:10.37 | 80%  |     |           |
| 200 vrije slag       |            | 1         | 2:36.70 | 2:48.76 | 116% | PR. |           |
| 50 rugslag           |            |           | 41.09   | 38.69   | 89%  |     |           |
| 100 rugslag          |            |           | 1:27.29 | 1:24.07 | 93%  |     |           |
| 200 rugslag          |            | 1         | 2:57.08 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 38.42   | 33.67   | 77%  |     |           |
| 100 vlinderslag      |            | 1         | 1:22.53 | --:--   |      | PR. |           |
| Klunder Fem          | 18/11/2014 | 201402726 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 44.39   | 39.51   | 79%  |     |           |
| 100 vrije slag       |            |           | 1:36.14 | 1:54.07 | 141% | PR. |           |
| 50 rugslag           |            |           | 47.07   | 46.48   | 98%  |     |           |
| 50 vlinderslag       |            |           | 57.63   | --:--   |      | PR. |           |
| van Leijenhorst Dion | 13/04/2015 | 201500223 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 44.38   | 41.26   | 86%  |     |           |
| 100 vrije slag       |            |           | 1:36.57 | 1:34.77 | 96%  |     |           |
| 200 vrije slag       |            | 15        | 3:22.04 | 3:24.23 | 102% | PR. |           |
| 50 rugslag           |            |           | 47.81   | 45.36   | 90%  |     |           |
| 100 rugslag          |            |           | 1:39.17 | --:--   |      | PR. |           |
| 200 rugslag          |            | 6         | 3:16.14 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 55.89   | 52.17   | 87%  |     |           |
| 100 vlinderslag      |            | 10        | 2:02.26 | --:--   |      | PR. |           |
| van Leijenhorst Ryan | 07/12/2016 | 201600341 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 49.76   | 42.63   | 73%  |     |           |
| 100 vrije slag       |            |           | 1:43.36 | 1:46.69 | 107% | PR. |           |
| 50 rugslag           |            |           | 54.83   | 51.46   | 88%  |     |           |
| 100 rugslag          |            |           | 1:50.52 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 1:03.16 | --:--   |      | PR. |           |
| Lenferink Wies       | 27/12/2014 | 201401108 |         |         |      |     | De Dinkel |
| 50 rugslag           |            |           | 50.60   | 48.13   | 90%  |     |           |
| 100 rugslag          |            |           | 1:48.70 | 1:52.30 | 107% | PR. |           |
| 200 rugslag          |            | 16        | 3:41.16 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 50.51   | 44.92   | 79%  |     |           |
| 100 vlinderslag      |            | 7         | 1:48.89 | 1:52.27 | 106% | PR. |           |
| van der Linden Esmee | 04/02/2016 | 201600266 |         |         |      |     | De Dinkel |
| 50 vrije slag        |            |           | 44.48   | 40.94   | 85%  |     |           |
| 100 vrije slag       |            |           | 1:37.20 | 1:39.59 | 105% | PR. |           |
| 50 rugslag           |            |           | 50.23   | 46.97   | 87%  |     |           |
| 100 rugslag          |            |           | 1:43.02 | --:--   |      | PR. |           |
| 50 vlinderslag       |            |           | 52.94   | --:--   |      | PR. |           |

|                     |            |           |         |         |      |           |
|---------------------|------------|-----------|---------|---------|------|-----------|
| Oude Engberink Siep | 11/10/2014 | 201400631 |         |         |      | De Dinkel |
| 50 vrije slag       |            |           | 41.13   | 35.51   | 75%  |           |
| 100 vrije slag      |            |           | 1:26.73 | 1:24.21 | 94%  |           |
| 200 vrije slag      |            | 5         | 2:57.10 | 3:00.27 | 104% | PR.       |
| 50 rugslag          |            |           | 45.84   | 43.16   | 89%  |           |
| 100 rugslag         |            |           | 1:36.64 | 1:35.74 | 98%  |           |
| 200 rugslag         |            | 7         | 3:16.14 | --:--   |      | PR.       |
| 50 vlinderslag      |            |           | 57.20   | 55.45   | 94%  |           |
| 100 vlinderslag     |            | 11        | 2:05.80 | --:--   |      | PR.       |
| van der Vorm Noor   | 18/11/2014 | 201400908 |         |         |      | De Dinkel |
| 50 vrije slag       |            |           | 40.71   | 37.56   | 85%  |           |
| 100 vrije slag      |            |           | 1:29.09 | 1:29.96 | 102% | PR.       |
| 200 vrije slag      |            | 8         | 3:01.89 | 3:10.16 | 109% | PR.       |
| 50 rugslag          |            |           | 47.02   | 44.20   | 88%  |           |
| 100 rugslag         |            |           | 1:39.26 | 1:39.79 | 101% | PR.       |
| 200 rugslag         |            | 8         | 3:21.10 | --:--   |      | PR.       |
| 50 vlinderslag      |            |           | 46.19   | 49.06   | 113% | PR.       |
| 100 vlinderslag     |            | 6         | 1:44.64 | --:--   |      | PR.       |

Totaal 107 persoonlijke uitslag, Gemiddelde prestatie: 94,7%  
 0 nieuw(e) record(s), 53 nieuw(e) persoonlijke record(s)  
 Grootste verbetering: Klunder Fem, 100 vrije slag 1:36.14