

**Uitslag overzicht**

**Korte baan (25m)**

|                        | Afstand/zwemslag | Pl.       | Tijd    | Ronde | oude PR. | Versch. |           |
|------------------------|------------------|-----------|---------|-------|----------|---------|-----------|
| Aarninkhof Laurie      | 06/01/1998       | 199800822 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    | 2         | 28.53   |       | 27.48    | 93%     |           |
|                        | 50 schoolslag    |           | 38.77   |       | 36.01    | 86%     |           |
|                        | 100 schoolslag   |           | 1:23.25 |       | 1:18.22  | 88%     |           |
|                        | 200 schoolslag   | 3         | 2:56.81 |       | 2:52.05  | 95%     |           |
|                        | 50 vlinderslag   |           | 32.11   |       | 30.38    | 90%     |           |
|                        | 200 wisselslag   | 3         | 2:32.88 |       | 2:27.79  | 93%     |           |
| Bosch Claire           | 22/06/2004       | 200401480 |         |       |          |         | De Dinkel |
|                        | 50 schoolslag    |           | 39.50   |       | 37.26    | 89%     |           |
|                        | 100 schoolslag   |           | 1:25.84 |       | 1:22.58  | 93%     |           |
|                        | 200 schoolslag   | 8         | 3:05.27 |       | 3:01.83  | 96%     |           |
|                        | 50 vlinderslag   |           | 35.76   |       | 33.19    | 86%     |           |
|                        | 200 wisselslag   | 10        | 2:51.63 |       | 2:49.44  | 97%     |           |
| ter Braak Bram         | 31/01/2008       | 200800281 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    | 1         | 23.69   |       | 23.69    | 100%    |           |
|                        | 50 rugslag       |           | 30.19   |       | 28.13    | 87%     |           |
|                        | 100 rugslag      |           | 1:04.35 |       | 1:01.88  | 92%     |           |
|                        | 200 rugslag      | 2         | 2:15.98 |       | 2:25.88  | 115%    | PR.       |
|                        | 50 vlinderslag   |           | 27.94   |       | 25.52    | 83%     |           |
|                        | 100 vlinderslag  |           | 1:01.59 |       | 56.11    | 83%     |           |
|                        | 200 vlinderslag  | 1         | 2:12.35 |       | 2:11.94  | 99%     |           |
| ter Braak Guus         | 03/05/2010       | 201000459 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    |           | 32.76   |       | 30.82    | 89%     |           |
|                        | 100 vrije slag   | 10        | 1:09.59 |       | 1:10.52  | 103%    | PR.       |
|                        | 100 vlinderslag  |           | 1:31.33 |       | 1:26.25  | 89%     |           |
|                        | 400 wisselslag   | 9         | 6:10.71 |       | 7:09.71  | 134%    | PR.       |
| Bulter Nienke          | 27/11/2009       | 200902188 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    | 8         | 31.94   |       | 31.66    | 98%     |           |
|                        | 50 rugslag       |           | 37.44   |       | 35.53    | 90%     |           |
|                        | 100 rugslag      |           | 1:17.99 |       | 1:13.15  | 88%     |           |
|                        | 200 rugslag      | 6         | 2:38.39 |       | 2:37.52  | 99%     |           |
|                        | 50 vlinderslag   |           | 37.04   |       | 33.08    | 80%     |           |
|                        | 100 vlinderslag  |           | 1:20.06 |       | 1:13.01  | 83%     |           |
|                        | 200 vlinderslag  | 4         | 2:52.52 |       | 2:52.22  | 100%    |           |
| Elderink Levke         | 29/10/2013       | 201301508 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    |           | 47.40   |       | 39.92    | 71%     |           |
|                        | 100 vrije slag   |           | 1:42.36 |       | 1:35.15  | 86%     |           |
|                        | 200 vrije slag   |           | 3:32.04 |       | 3:27.54  | 96%     |           |
|                        | 400 vrije slag   | 14        | 7:02.36 |       | 7:39.39  | 118%    | PR.       |
|                        | 50 schoolslag    |           | 50.80   |       | 50.45    | 99%     |           |
|                        | 100 schoolslag   | 14        | 1:49.27 |       | 1:51.13  | 103%    | PR.       |
| Gliese-Slooijs Laurien | 19/06/2007       | 200700636 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    | 5         | 28.89   |       | 27.80    | 93%     |           |
|                        | 50 vlinderslag   |           | 33.53   |       | 30.02    | 80%     |           |
|                        | 200 wisselslag   | 9         | 2:41.47 |       | 2:41.05  | 99%     |           |
| Gliese-Slooijs Mattea  | 01/02/2011       | 201100008 |         |       |          |         | De Dinkel |
|                        | 50 vrije slag    |           | 30.65   |       | 28.34    | 85%     |           |
|                        | 100 vrije slag   | 1         | 1:03.45 |       | 1:02.74  | 98%     |           |
|                        | 50 rugslag       |           | 34.86   |       | 34.00    | 95%     |           |
|                        | 100 rugslag      | Est.      | 1:11.42 |       | 1:10.94  | 99%     |           |
|                        | 100 vlinderslag  |           | 1:19.42 |       | 1:18.06  | 97%     |           |
|                        | 400 wisselslag   | 2         | 5:37.35 |       | 5:48.91  | 107%    | PR.       |

|                     |                 |           |         |         |      |     |           |
|---------------------|-----------------|-----------|---------|---------|------|-----|-----------|
| ten Hove Jelle      | 12/10/2001      | 200101373 |         |         |      |     | De Dinkel |
|                     | 50 schoolslag   |           | 36.20   | 31.43   | 75%  |     |           |
|                     | 100 schoolslag  |           | 1:18.07 | 1:10.07 | 81%  |     |           |
|                     | 200 schoolslag  | 5         | 2:47.07 | 2:42.16 | 94%  |     |           |
|                     | 50 vlinderslag  |           | 32.00   | 28.54   | 80%  |     |           |
|                     | 200 wisselslag  | 6         | 2:26.85 | 2:23.26 | 95%  |     |           |
| Kamphuis Jinte      | 24/10/2011      | 201101242 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   |           | 38.99   | 37.30   | 92%  |     |           |
|                     | 100 vrije slag  | 13        | 1:23.33 | 1:23.59 | 101% | PR. |           |
|                     | 100 vlinderslag |           | 1:58.46 | 2:01.69 | 106% | PR. |           |
|                     | 400 wisselslag  | 13        | 7:27.90 | 8:52.61 | 141% | PR. |           |
| Leferink Mick       | 22/07/2009      | 200902227 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   | 7         | 26.70   | 27.32   | 105% | PR. |           |
|                     | 50 rugslag      |           | 35.99   | 33.20   | 85%  |     |           |
|                     | 100 rugslag     |           | 1:16.17 | 1:13.00 | 92%  |     |           |
|                     | 200 rugslag     | 8         | 2:36.48 | 2:38.37 | 102% | PR. |           |
|                     | 50 vlinderslag  |           | 37.42   | 32.57   | 76%  |     |           |
|                     | 100 vlinderslag |           | 1:24.84 | 1:20.64 | 90%  |     |           |
|                     | 200 vlinderslag | 9         | 3:08.74 | --.--   |      | PR. |           |
| Lucas Kevin         | 30/08/2003      | 200300545 |         |         |      |     | De Dinkel |
|                     | 50 schoolslag   |           | 32.84   | 30.56   | 87%  |     |           |
|                     | 100 schoolslag  |           | 1:10.84 | 1:06.73 | 89%  |     |           |
|                     | 200 schoolslag  | 3         | 2:32.52 | 2:29.88 | 97%  |     |           |
|                     | 50 vlinderslag  |           | 28.85   | 27.28   | 89%  |     |           |
|                     | 200 wisselslag  | 4         | 2:18.69 | 2:16.09 | 96%  |     |           |
| Lucas Milan         | 03/10/2005      | 200500085 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   |           | 25.36   | 24.11   | 90%  |     |           |
|                     | 50 vrije slag   | 3         | 24.29   | 24.11   | 99%  |     |           |
|                     | 100 vrije slag  | Est.      | 53.59   | 53.90   | 101% | PR. |           |
|                     | 50 schoolslag   |           | 32.59   | 29.34   | 81%  |     |           |
|                     | 100 schoolslag  |           | 1:09.97 | 1:05.10 | 87%  |     |           |
|                     | 200 schoolslag  | 1         | 2:25.92 | 2:27.82 | 103% | PR. |           |
|                     | 50 vlinderslag  |           | 28.39   | 25.64   | 82%  |     |           |
|                     | 200 wisselslag  | 3         | 2:14.57 | 2:17.58 | 105% | PR. |           |
| Lutters Eline       | 08/11/2006      | 200600322 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   | 6         | 29.13   | 28.59   | 96%  |     |           |
|                     | 50 vlinderslag  |           | 31.84   | 30.21   | 90%  |     |           |
|                     | 200 wisselslag  | 7         | 2:36.25 | 2:35.08 | 99%  |     |           |
| Mmbughu Lizzy       | 18/07/2013      | 201301620 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   |           | 38.42   | 31.42   | 67%  |     |           |
|                     | 100 vrije slag  |           | 1:22.63 | 1:13.84 | 80%  |     |           |
|                     | 200 vrije slag  |           | 2:54.13 | 3:00.80 | 108% | PR. |           |
|                     | 400 vrije slag  | 13        | 5:56.51 | 6:32.06 | 121% | PR. |           |
|                     | 50 schoolslag   |           | 47.90   | 44.72   | 87%  |     |           |
|                     | 100 schoolslag  | 13        | 1:40.03 | 1:37.33 | 95%  |     |           |
| Nijmeijer Hugo      | 07/11/2013      | 201300723 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   |           | 40.37   | 35.95   | 79%  |     |           |
|                     | 100 vrije slag  |           | 1:24.44 | 1:21.31 | 93%  |     |           |
|                     | 200 vrije slag  |           | 2:58.05 | 3:24.40 | 132% | PR. |           |
|                     | 400 vrije slag  | 7         | 6:11.22 | 7:28.85 | 146% | PR. |           |
|                     | 50 schoolslag   |           | 50.80   | 46.76   | 85%  |     |           |
|                     | 100 schoolslag  | 7         | 1:46.39 | 1:47.56 | 102% | PR. |           |
| Oude Engberink Imke | 02/11/2011      | 201100818 |         |         |      |     | De Dinkel |
|                     | 50 vrije slag   |           | 31.46   | 29.89   | 90%  |     |           |
|                     | 100 vrije slag  | 5         | 1:05.74 | 1:04.28 | 96%  |     |           |
|                     | 100 vlinderslag |           | 1:22.74 | 1:18.27 | 89%  |     |           |
|                     | 400 wisselslag  | 6         | 5:55.87 | 5:58.51 | 101% | PR. |           |

|                            |                        |           |                         |         |          |           |
|----------------------------|------------------------|-----------|-------------------------|---------|----------|-----------|
| Rikhof Jens                | 24/09/2010             | 201001239 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          |           | 28.93                   | 27.39   | 90%      |           |
|                            | 100 vrije slag         | 4         | 1:00.89                 | 1:00.98 | 100%     | PR.       |
|                            | 100 vlinderslag        |           | 1:25.25                 | 1:20.76 | 90%      |           |
|                            | 400 wisselslag         | 8         | 6:00.29                 | 6:12.27 | 107%     | PR.       |
| Ruinemans Luuk             | 02/07/2003             | 200301085 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          | 2         | 23.93                   | 23.66   | 98%      |           |
|                            | 50 schoolslag          |           | 33.32                   | 32.13   | 93%      |           |
|                            | 100 schoolslag         |           | 1:10.70                 | 1:09.55 | 97%      |           |
|                            | 200 schoolslag         | 2         | 2:27.33                 | 2:33.73 | 109%     | PR.       |
|                            | 50 vlinderslag         |           | 27.21                   | 25.93   | 91%      |           |
| Soethof Mila               | 05/03/2009             | 200900482 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          | 4         | 29.83                   | 29.56   | 98%      |           |
|                            | 50 rugslag             |           | 35.09                   | 33.07   | 89%      |           |
|                            | 50 rugslag             |           | 39.50                   | 33.07   | 70%      |           |
|                            | 100 rugslag            | Est.      | 1:14.01                 | 1:13.03 | 97%      |           |
| Sportel Job                | 09/01/2008             | 200800429 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          |           | 26.14                   | 24.34   | 87%      |           |
|                            | 50 vrije slag          | 2         | 25.07                   | 24.34   | 94%      |           |
|                            | 100 vrije slag         | Est.      | 54.66                   | 54.17   | 98%      |           |
|                            | 50 rugslag             |           | 31.27                   | 27.71   | 79%      |           |
|                            | 100 rugslag            |           | 1:05.05                 | 59.91   | 85%      |           |
|                            | 200 rugslag            | 1         | 2:13.28                 | 2:10.92 | 96%      |           |
| Tijink Ties                | 16/11/2012             | 201200633 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          |           | 42.80                   | 37.61   | 77%      |           |
|                            | 100 vrije slag         |           | 1:35.02                 | 1:24.58 | 79%      |           |
|                            | 200 vrije slag         |           | 3:25.80                 | 3:24.27 | 99%      |           |
|                            | 400 vrije slag         | 8         | 7:04.54                 | 7:39.57 | 117%     | PR.       |
| Vorst Maquinho             | 04/03/2002             | 200204179 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          | 1         | 23.82                   | 23.15   | 94%      |           |
|                            | 50 vlinderslag         |           | 27.39                   | 24.40   | 79%      |           |
| Weustink Julia             | 17/07/1998             | 199801180 |                         |         |          | De Dinkel |
|                            | 50 vrije slag          | 7         | 29.59                   | 29.13   | 97%      |           |
| 4 x 100 vrije slag Heren   | 50 schoolslag          |           | 40.48                   | 37.58   | 86%      |           |
|                            | 100 schoolslag         |           | 1:25.35                 | 1:21.65 | 92%      |           |
|                            | 200 schoolslag         | 6         | 3:01.35                 | 2:54.54 | 93%      |           |
| 4 x 100 wisselslag Dames   | Soethof Mila           | 1:14.01   | Bulter Nienke           | 4       | 4:56.49  |           |
|                            | Bosch Claire           |           | Weustink Julia          |         |          |           |
| 4 x 200 wisselslag Gemengd | Gliese-Slooijer Mattea | 1:11.42   | Lutters Eline           | 2       | 4:42.84  |           |
|                            | Aarninkhof Laurie      |           | Gliese-Slooijer Laurien |         |          |           |
| 4 x 200 wisselslag Gemengd | Gliese-Slooijer Mattea | 2:33.08   | Oude Engberink Imke     | 3       | 10:47.93 |           |
|                            | ter Braak Guus         |           | Rikhof Jens             |         |          |           |

Totaal 133 persoonlijke uitslag, Gemiddelde prestatie: 94,1%  
0 nieuw(e) record(s), 28 nieuw(e) persoonlijke record(s)  
Grootste verbetering: Nijmeijer Hugo, 400 vrije slag 6:11.22