

Uitslag overzicht

| | Afstand/zwemslag | Pl. | Tijd | Ronde | oude PR. | Versch. | |
|-----------------|-------------------|-----------|-----------|-------|----------|----------|-----------|
| Luc Aveskamp | 26-5-2003 | 200300337 | | | | | De Dinkel |
| | 100 vlinderslag | 9 | 1:07.11 | | 1:05.54 | 95% | |
| Lynn ten Berge | 29-12-2010 | 201000884 | | | | | De Dinkel |
| | 50 vrije slag | 10 | 30.38 | | 29.60 | 95% | |
| | 100 vrije slag | 11 | 1:07.54 | | 1:05.81 | 95% | |
| | 200 vrije slag | 12 | 2:39.10 | | 2:30.27 | 89% | |
| | 50 rugslag | 8 | 35.69 | | 35.49 | 99% | |
| | 100 rugslag | 7 | 1:18.40 | | 1:17.15 | 97% | |
| | 200 rugslag | 9 | 2:53.00 | | 2:50.35 | 97% | |
| | 50 vlinderslag | 8 | 32.69 | | 31.84 | 95% | |
| | 100 vlinderslag | 6 | 1:18.40 | | 1:15.68 | 93% | |
| | 200 wisselslag | 12 | 2:48.19 | | 2:43.97 | 95% | |
| | 100 wisselslag | 12 | 1:17.68 | | 1:16.23 | 96% | |
| | Claire Bosch | 22-6-2004 | 200401480 | | | | |
| 400 vrije slag | | 2 | 5:00.84 | | 4:57.51 | 98% | |
| Bram ter Braak | 31-1-2008 | 200800281 | | | | | De Dinkel |
| | 50 vrije slag | 7 | 25.00 | | 24.81 | 98% | |
| | 100 vrije slag | 5 | 54.40 | | 52.95 | 95% | |
| | 200 vrije slag | Est. | 2:00.62 | | 1:59.01 | 97% | |
| | 200 vrije slag | 5 | 2:00.47 | | 1:59.01 | 98% | |
| | 400 vrije slag | 5 | 4:18.35 | | 4:19.18 | 101% PR. | |
| | 100 rugslag | 9 | 1:03.89 | | 1:06.98 | 110% PR. | |
| | 100 schoolslag | 10 | 1:15.30 | | 1:16.21 | 102% PR. | |
| | 50 vlinderslag | 5 | 27.22 | | 27.02 | 99% | |
| | 100 vlinderslag | 2 | 1:00.42 | | 59.65 | 97% | |
| | 200 vlinderslag | 2 | 2:21.25 | | 2:17.86 | 95% | |
| | 200 wisselslag | 5 | 2:19.63 | | 2:19.16 | 99% | |
| | 100 wisselslag | 10 | 1:04.14 | | 1:02.62 | 95% | |
| | Barbara Broekhuis | 9-6-2007 | 200700880 | | | | |
| 50 vrije slag | | 2 | 27.85 | | 28.13 | 102% PR. | |
| 100 vrije slag | | Est. | 59.20 | | 59.79 | 102% PR. | |
| 100 vrije slag | | 1 | 59.63 | | 59.79 | 101% PR. | |
| 200 vrije slag | | 1 | 2:09.49 | | 2:09.62 | 100% PR. | |
| 50 rugslag | | 8 | 34.08 | | 32.50 | 91% | |
| 100 rugslag | | 8 | 1:13.55 | | 1:11.22 | 94% | |
| 200 rugslag | | 3 | 2:31.07 | | 2:30.52 | 99% | |
| 50 vlinderslag | | 9 | 31.88 | | 31.33 | 97% | |
| 100 vlinderslag | | 6 | 1:13.04 | | 1:12.85 | 99% | |
| 200 wisselslag | | 3 | 2:30.54 | | 2:30.92 | 101% PR. | |
| 100 wisselslag | | 5 | 1:11.48 | | 1:10.98 | 99% | |
| Arnoud Bult | | 18-4-2007 | 200701387 | | | | |
| | 400 vrije slag | 10 | 4:33.18 | | 4:31.07 | 98% | |
| | 200 rugslag | 14 | 2:28.14 | | 2:30.33 | 103% PR. | |
| | 100 vlinderslag | 17 | 1:09.36 | | 1:09.16 | 99% | |

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|-------------------------|-----------------|-----------|---------|---------|------|--|-----|-----------|
| Nienke Bulter | 27-11-2009 | 200902188 | | | | | | De Dinkel |
| | 100 vrije slag | Est. | 1:08.48 | 1:09.29 | 102% | | PR. | |
| | 400 vrije slag | 5 | 4:59.95 | 5:08.62 | 106% | | PR. | |
| | 200 rugslag | 5 | 2:38.04 | 2:40.26 | 103% | | PR. | |
| | 100 schoolslag | 8 | 1:25.71 | 1:25.16 | 99% | | | |
| | 200 schoolslag | 7 | 3:05.09 | 3:05.18 | 100% | | PR. | |
| | 100 vlinderslag | 4 | 1:16.26 | 1:16.29 | 100% | | PR. | |
| | 200 wisselslag | 6 | 2:38.73 | 2:42.11 | 104% | | PR. | |
| | 400 wisselslag | 1 | 5:36.26 | 5:37.86 | 101% | | PR. | |
| | 100 wisselslag | 11 | 1:15.85 | 1:14.69 | 97% | | | |
| Laurien Gliese-Slooijer | 19-6-2007 | 200700636 | | | | | | De Dinkel |
| | 50 vrije slag | 6 | 28.51 | 27.80 | 95% | | | |
| | 50 rugslag | 9 | 34.23 | 33.20 | 94% | | | |
| | 100 rugslag | 10 | 1:14.90 | 1:11.98 | 92% | | | |
| | 50 schoolslag | 13 | 38.47 | 38.05 | 98% | | | |
| | 100 schoolslag | 14 | 1:26.52 | 1:24.36 | 95% | | | |
| | 50 vlinderslag | 3 | 30.51 | 30.02 | 97% | | | |
| | 100 wisselslag | 10 | 1:12.69 | 1:11.85 | 98% | | | |
| Mattea Gliese-Slooijer | 1-2-2011 | 201100008 | | | | | | De Dinkel |
| | 50 vrije slag | 1 | 29.05 | 28.75 | 98% | | | |
| | 100 vrije slag | 1 | 1:03.56 | 1:04.86 | 104% | | PR. | |
| | 200 vrije slag | 2 | 2:22.14 | 2:21.91 | 100% | | | |
| | 400 vrije slag | 2 | 5:04.24 | 5:07.76 | 102% | | PR. | |
| | 50 rugslag | 1 | 34.35 | 34.19 | 99% | | | |
| | 100 rugslag | 2 | 1:15.40 | 1:12.96 | 94% | | | |
| | 200 rugslag | 1 | 2:34.54 | 2:37.62 | 104% | | PR. | |
| | 50 schoolslag | 3 | 39.29 | 40.02 | 104% | | PR. | |
| | 100 schoolslag | 4 | 1:25.73 | 1:24.59 | 97% | | | |
| | 200 schoolslag | 4 | 3:04.37 | 3:08.70 | 105% | | PR. | |
| | 50 vlinderslag | 2 | 33.72 | 33.82 | 101% | | PR. | |
| | 100 wisselslag | 1 | 1:14.44 | 1:16.10 | 105% | | PR. | |
| Mika Heskamp | 26-5-2003 | 200300339 | | | | | | De Dinkel |
| | 400 vrije slag | 5 | 4:36.91 | 4:35.98 | 99% | | | |
| | 50 rugslag | 7 | 31.45 | 30.44 | 94% | | | |
| | 100 rugslag | 4 | 1:06.56 | 1:05.55 | 97% | | | |
| | 200 rugslag | 2 | 2:21.62 | 2:23.51 | 103% | | PR. | |
| | 200 schoolslag | 5 | 2:42.85 | 2:43.78 | 101% | | PR. | |
| | 50 vlinderslag | 6 | 28.93 | 28.30 | 96% | | | |
| | 200 vlinderslag | 3 | 2:35.18 | 2:26.64 | 89% | | | |
| | 400 wisselslag | 3 | 5:02.65 | 5:02.36 | 100% | | | |
| | 100 wisselslag | 8 | 1:06.89 | 1:05.72 | 97% | | | |
| Jelle ten Hove | 12-10-2001 | 200101373 | | | | | | De Dinkel |
| | 50 vrije slag | 6 | 25.46 | 25.36 | 99% | | | |
| | 100 vrije slag | 3 | 55.99 | 55.46 | 98% | | | |
| | 50 rugslag | 6 | 31.05 | 29.98 | 93% | | | |
| | 50 schoolslag | 2 | 31.43 | 31.88 | 103% | | PR. | |
| | 100 schoolslag | 5 | 1:12.52 | 1:10.07 | 93% | | | |
| | 200 schoolslag | 4 | 2:42.16 | 2:44.32 | 103% | | PR. | |
| | 200 wisselslag | 6 | 2:26.01 | 2:23.26 | 96% | | | |
| | 100 wisselslag | 3 | 1:04.16 | 1:03.19 | 97% | | | |

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|---------------------|-----------------|-----------|---------|---------|------|-----|--|-----------|
| Bart Kooiker | 22-4-2001 | 200100705 | | | | | | De Dinkel |
| | 50 vrije slag | 4 | 25.15 | 24.54 | 95% | | | |
| | 100 vrije slag | 2 | 55.85 | 54.36 | 95% | | | |
| | 200 vrije slag | 4 | 2:10.33 | 2:01.70 | 87% | | | |
| | 50 rugslag | 5 | 30.92 | 29.70 | 92% | | | |
| | 100 rugslag | 5 | 1:06.57 | 1:05.12 | 96% | | | |
| | 50 schoolslag | 5 | 32.79 | 31.77 | 94% | | | |
| | 100 schoolslag | 9 | 1:13.85 | 1:11.10 | 93% | | | |
| | 50 vlinderslag | 4 | 27.62 | 26.81 | 94% | | | |
| | 100 vlinderslag | 6 | 1:04.29 | 1:03.16 | 97% | | | |
| 100 wisselslag | 7 | 1:05.92 | 1:03.67 | 93% | | | | |
| Kevin Lucas | 30-8-2003 | 200300545 | | | | | | De Dinkel |
| | 50 vrije slag | 7 | 25.55 | 25.32 | 98% | | | |
| | 200 vrije slag | 3 | 2:06.64 | 2:01.47 | 92% | | | |
| | 400 vrije slag | 2 | 4:26.16 | 4:18.32 | 94% | | | |
| | 100 schoolslag | 3 | 1:08.66 | 1:06.73 | 94% | | | |
| | 200 schoolslag | 2 | 2:30.95 | 2:29.88 | 99% | | | |
| | 100 vlinderslag | 7 | 1:04.55 | 1:02.83 | 95% | | | |
| | 200 wisselslag | 3 | 2:18.99 | 2:18.13 | 99% | | | |
| | 400 wisselslag | 2 | 5:00.53 | 4:44.95 | 90% | | | |
| Milan Lucas | 3-10-2005 | 200500085 | | | | | | De Dinkel |
| | 50 vrije slag | 4 | 25.04 | 24.65 | 97% | | | |
| | 100 vrije slag | Est. | 54.60 | 54.79 | 101% | PR. | | |
| | 100 vrije slag | 4 | 55.27 | 54.79 | 98% | | | |
| | 50 schoolslag | 2 | 30.62 | 30.44 | 99% | | | |
| | 100 schoolslag | 1 | 1:06.56 | 1:06.09 | 99% | | | |
| | 200 schoolslag | 1 | 2:33.26 | 2:28.20 | 94% | | | |
| | 50 vlinderslag | 5 | 27.47 | 27.78 | 102% | PR. | | |
| | 200 wisselslag | 2 | 2:17.58 | 2:18.65 | 102% | PR. | | |
| 100 wisselslag | 2 | 1:02.02 | 1:01.43 | 98% | | | | |
| Eline Lutters | 8-11-2006 | 200600322 | | | | | | De Dinkel |
| | 50 vrije slag | 3 | 28.84 | 28.79 | 100% | | | |
| | 100 vrije slag | 4 | 1:02.71 | 1:00.88 | 94% | | | |
| | 200 vrije slag | Est. | 2:12.90 | 2:12.96 | 100% | PR. | | |
| | 200 vrije slag | 2 | 2:15.15 | 2:12.96 | 97% | | | |
| | 400 vrije slag | 1 | 4:41.91 | 4:40.11 | 99% | | | |
| | 100 schoolslag | 7 | 1:26.55 | 1:24.04 | 94% | | | |
| | 50 vlinderslag | 3 | 31.24 | 30.21 | 94% | | | |
| | 100 vlinderslag | 2 | 1:10.63 | 1:08.37 | 94% | | | |
| 200 vlinderslag | 1 | 2:38.61 | 2:32.53 | 92% | | | | |
| Marlinde ter Maat | 21-5-2009 | 200900346 | | | | | | De Dinkel |
| | 200 schoolslag | 13 | 3:17.99 | 3:18.21 | 100% | PR. | | |
| Romyrle ter Maat | 13-4-2011 | 201100030 | | | | | | De Dinkel |
| | 200 rugslag | 9 | 2:54.93 | 2:55.33 | 100% | PR. | | |
| | 100 vlinderslag | 9 | 1:28.43 | 1:27.76 | 98% | | | |
| Imke Oude Engberink | 2-11-2011 | 201100818 | | | | | | De Dinkel |
| | 200 vrije slag | Est. | 2:30.58 | 2:27.80 | 96% | | | |
| | 200 vrije slag | 4 | 2:27.73 | 2:27.80 | 100% | PR. | | |
| | 400 vrije slag | 5 | 5:21.35 | 5:40.81 | 112% | PR. | | |
| | 100 vlinderslag | 7 | 1:27.43 | 1:27.05 | 99% | | | |
| 200 vlinderslag | 2 | 3:00.96 | 3:08.73 | 109% | PR. | | | |

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|----------------|---------------------|-----------|-----------|---------|------|-----|-----------|
| Maurice Pater | 12-3-2002 | 200200909 | | | | | De Dinkel |
| | 50 vrije slag | 3 | 25.00 | 25.49 | 104% | PR. | |
| | 100 vrije slag | 5 | 56.58 | 55.65 | 97% | | |
| | 50 vlinderslag | 2 | 26.51 | 26.87 | 103% | PR. | |
| | 100 vlinderslag | 1 | 59.47 | 1:00.33 | 103% | PR. | |
| | 200 vlinderslag | 2 | 2:29.39 | 2:25.04 | 94% | | |
| | 200 wisselslag | 5 | 2:23.61 | 2:23.66 | 100% | PR. | |
| | 400 wisselslag | 4 | 5:14.20 | --:-- | | PR. | |
| | 100 wisselslag | 5 | 1:04.62 | --:-- | | PR. | |
| Jens Rikhof | 24-9-2010 | 201001239 | | | | | De Dinkel |
| | 50 vrije slag | 24 | 29.44 | 28.88 | 96% | | |
| | 200 rugslag | 16 | 2:46.18 | 3:04.37 | 123% | PR. | |
| Luuk Ruinemans | 2-7-2003 | 200301085 | | | | | De Dinkel |
| | 50 vrije slag | 2 | 24.47 | 24.24 | 98% | | |
| | 100 vrije slag | 1 | 52.99 | 53.81 | 103% | PR. | |
| | 200 vrije slag | 1 | 1:57.97 | 2:01.07 | 105% | PR. | |
| | 400 vrije slag | 1 | 4:15.70 | 4:14.83 | 99% | | |
| | 50 rugslag | 2 | 28.16 | 27.85 | 98% | | |
| | 100 rugslag | Est. | 1:03.57 | 1:00.91 | 92% | | |
| | 200 rugslag | 1 | 2:14.83 | 2:16.89 | 103% | PR. | |
| | 50 schoolslag | 3 | 32.37 | 32.39 | 100% | PR. | |
| | 100 vlinderslag | 3 | 1:00.46 | 1:00.33 | 100% | | |
| | 200 wisselslag | 2 | 2:15.87 | 2:16.90 | 102% | PR. | |
| | 400 wisselslag | 1 | 4:50.85 | 4:54.07 | 102% | PR. | |
| | 100 wisselslag | 1 | 1:00.39 | 1:01.16 | 103% | PR. | |
| | Madelijne Schothans | 12-2-2000 | 200002416 | | | | |
| 50 vrije slag | | 6 | 28.13 | 27.61 | 96% | | |
| Mila Soethof | 5-3-2009 | 200900482 | | | | | De Dinkel |
| | 200 vrije slag | 7 | 2:23.53 | 2:21.50 | 97% | | |
| | 400 vrije slag | 7 | 5:08.37 | 5:10.61 | 101% | PR. | |
| | 50 rugslag | 4 | 33.55 | 33.79 | 101% | PR. | |
| | 100 rugslag | Est. | 1:14.13 | 1:13.71 | 99% | | |
| | 200 rugslag | 6 | 2:42.23 | 2:43.10 | 101% | PR. | |
| | 200 schoolslag | 9 | 3:09.45 | 3:10.15 | 101% | PR. | |
| | 50 vlinderslag | 6 | 31.92 | 32.70 | 105% | PR. | |
| | 200 wisselslag | 10 | 2:45.33 | 2:43.72 | 98% | | |
| 400 wisselslag | 6 | 5:58.51 | 5:54.23 | 98% | | | |
| Job Sportel | 9-1-2008 | 200800429 | | | | | De Dinkel |
| | 50 vrije slag | 4 | 24.67 | 24.91 | 102% | PR. | |
| | 100 vrije slag | 7 | 54.75 | 54.52 | 99% | | |
| | 100 rugslag | 5 | 1:01.95 | 1:00.61 | 96% | | |
| | 50 schoolslag | 1 | 29.86 | 29.87 | 100% | PR. | |
| | 200 schoolslag | 2 | 2:25.44 | 2:25.70 | 100% | PR. | |
| | 50 vlinderslag | 2 | 27.04 | 27.89 | 106% | PR. | |
| | 100 vlinderslag | 1 | 1:00.16 | 1:01.06 | 103% | PR. | |
| | 400 wisselslag | 5 | 4:59.19 | 4:50.43 | 94% | | |
| 100 wisselslag | 3 | 1:00.75 | 1:00.58 | 99% | | | |
| Tess Wolbert | 3-7-2004 | 200400538 | | | | | De Dinkel |
| | 100 rugslag | Est. | 1:16.92 | 1:15.22 | 96% | | |
| | 200 schoolslag | 4 | 3:05.06 | 2:51.78 | 86% | | |

4 x 50 vrije slag Gemengd : Luuk Ruinemans 03 Laurien Gliese-Slooijer 07 3 1:45.08
Milan Lucas 05 Barbara Broekhuis 07

| | | | | | | | |
|---------------------------|---|------------------------|----|-------------------------|----|---|---------|
| 4 x 50 vrije slag Gemengd | : | Mick Leferink | 09 | Mila Soethof | 09 | 4 | 1:55.41 |
| | | Jens Rikhof | 10 | Mattea Gliese-Slooijer | 11 | | |
| 4 x 100 vrije slag Heren | : | Milan Lucas | 05 | Bram ter Braak | 08 | 2 | 3:35.69 |
| | | Job Sportel | 08 | Luuk Ruinemans | 03 | | |
| 4 x 100 vrije slag Dames | : | Barbara Broekhuis | 07 | Laurien Gliese-Slooijer | 07 | 2 | 4:06.92 |
| | | Madelijne Schothans | 00 | Eline Lutters | 06 | | |
| 4 x 100 vrije slag Dames | : | Nienke Bulter | 09 | Mila Soethof | 09 | 4 | 4:28.45 |
| | | Mattea Gliese-Slooijer | 11 | Lynn ten Berge | 10 | | |
| 4 x 50 wisselslag Gemengd | : | Luuk Ruinemans | 03 | Maurice Pater | 02 | 2 | 1:54.17 |
| | | Madelijne Schothans | 00 | Barbara Broekhuis | 07 | | |
| 4 x 200 vrije slag Heren | : | Bram ter Braak | 08 | Job Sportel | 08 | 2 | 8:10.77 |
| | | Mika Heskamp | 03 | Luuk Ruinemans | 03 | | |
| 4 x 200 vrije slag Dames | : | Eline Lutters | 06 | Laurien Gliese-Slooijer | 07 | 2 | 9:11.09 |
| | | Claire Bosch | 04 | Barbara Broekhuis | 07 | | |
| 4 x 200 vrije slag Dames | : | Imke Oude Engberink | 11 | Mila Soethof | 09 | 3 | 9:39.86 |
| | | Mattea Gliese-Slooijer | 11 | Nienke Bulter | 09 | | |
| 4 x 100 wisselslag Heren | : | Luuk Ruinemans | 03 | Bram ter Braak | 08 | 4 | 4:04.54 |
| | | Job Sportel | 08 | Milan Lucas | 05 | | |
| 4 x 100 wisselslag Dames | : | Tess Wolbert | 04 | Eline Lutters | 06 | 3 | 4:48.48 |
| | | Barbara Broekhuis | 07 | Laurien Gliese-Slooijer | 07 | | |
| 4 x 100 wisselslag Dames | : | Mila Soethof | 09 | Lynn ten Berge | 10 | 3 | 4:58.89 |
| | | Nienke Bulter | 09 | Mattea Gliese-Slooijer | 11 | | |

Totaal 170 persoonlijke uitslag, Gemiddelde prestatie: 98,4%
0 nieuw(e) record(s), 60 nieuw(e) persoonlijke record(s)
Grootste verbetering: Jens Rikhof, 200 rugslag 2:46.18