

# CLUBRECORDS HEREN

Leeftijd bepaald vanaf 1 sept. tot 1 sept volgend jaar

## 6 jaar - minioren 1

|       |               |         |            |       |  |       |
|-------|---------------|---------|------------|-------|--|-------|
| 25 m. | Tiede Groener | 0.51.82 | 22-06-2014 | 50 vr |  | 50 m. |
|       | Tiede Groener | 0.59.21 | 22-06-2014 | 50 ru |  |       |
|       | Milan Lucas   | 1.05.11 | 17-06-2012 | 50 ss |  |       |

## 7 jaar - minioren 2

|            |                  |         |            |                 |  |            |
|------------|------------------|---------|------------|-----------------|--|------------|
| 25 m. baan | Tom Laarhuis     | 0.40.02 | 01-04-2006 | 50 vr           |  | 50 m. baan |
|            | Tom Laarhuis     | 1.31.77 | 09-04-2006 | 100 vr          |  |            |
|            | Tom Laarhuis     | 0.47.20 | 28-05-2006 | 50 ru           |  |            |
|            | Tiede Groener    | 1.39.80 | 03-05-2015 | 100 ru          |  |            |
|            | Bjorn v.d. Velde | 0.51.17 | 17-12-2006 | 50 ss           |  |            |
|            | Milan Lucas      | 2.07.12 | 15-06-2013 | 100 ss          |  |            |
|            | Bjorn v.d. Velde | 1.51.08 | 21-04-2007 | 50 vl<br>100 wi |  |            |

## 8 jaar - minioren 3

|            |                  |         |            |        |                    |            |         |            |
|------------|------------------|---------|------------|--------|--------------------|------------|---------|------------|
| 25 m. baan | Django Klos      | 0.36.07 | 28-06-2009 | 50 vr  |                    | 50 m. baan |         |            |
|            | Tiede Groener    | 1.19.67 | 11-06-2016 | 100 vr | Tom Laarhuis       |            | 1.23.13 | 01-07-2007 |
|            | Tom Laarhuis     | 3.01.86 | 17-03-2007 | 200 vr | Tom Laarhuis       |            | 3.05.36 | 31-03-2007 |
|            | Tom Laarhuis     | 6.19.67 | 25-02-2007 | 400 vr | Tom Laarhuis       |            | 6.07.04 | 31-03-2007 |
|            | Tiede Groener    | 0.42.26 | 14-02-2016 | 50 ru  |                    |            |         |            |
|            | Tiede Groener    | 1.26.80 | 12-06-2016 | 100 ru | Tiede Groener      |            | 1.30.80 | 14-05-2016 |
|            | Bjorn v.d. Velde | 0.47.98 | 14-06-2008 | 50 ss  |                    |            |         |            |
|            | Bjorn v.d. Velde | 1.44.26 | 15-12-2007 | 100 ss | Gijsbert Pelleboer |            | 1.49.87 | 31-05-2009 |
|            | Tom Laarhuis     | 0.42.20 | 09-06-2007 | 50 vl  | Tom Laarhuis       |            | 0.42.60 | 01-07-2007 |
|            | Tom Laarhuis     | 1.30.48 | 09-06-2007 | 100 wi |                    |            |         |            |
|            | Bjorn v.d. Velde | 3.51.67 | 10-02-2008 | 200 wi |                    |            |         |            |

## 9 jaar - minioren 4

|            |                  |         |            |        |                  |         |            |            |
|------------|------------------|---------|------------|--------|------------------|---------|------------|------------|
| 25 m. baan | Django Klos      | 0.32.39 | 06-03-2010 | 50 vr  | Milan Veelders   | 0.35.57 | 07-04-2018 | 50 m. baan |
|            | Tiede Groener    | 1.11.74 | 10-06-2017 | 100 vr | Django Klos      | 1.12.54 | 04-07-2010 |            |
|            | Tom Laarhuis     | 2.54.83 | 04-11-2007 | 200 vr | Jacques Journee  | 2.45.57 | 30-05-2004 |            |
|            | Tom Laarhuis     | 5.35.16 | 15-03-2008 | 400 vr | Tom Laarhuis     | 5.50.62 | 30-03-2008 |            |
|            | Tiede Groener    | 0.37.16 | 10-06-2017 | 50 ru  | Milan Veelders   | 0.40.88 | 07-04-2018 |            |
|            | Tom Laarhuis     | 1.19.89 | 02-12-2007 | 100 ru | Tom Laarhuis     | 1.19.69 | 29-06-2008 |            |
|            | Tom Laarhuis     | 2.57.33 | 24-05-2008 | 200 ru | Tiede Groener    | 2.56.00 | 04-06-2017 |            |
|            | Tiede Groener    | 0.43.16 | 10-06-2017 | 50 ss  |                  |         |            |            |
|            | Tiede Groener    | 1.30.95 | 10-06-2017 | 100 ss | Fedde Beukers    | 1.36.07 | 01-07-2007 |            |
|            | Bjorn v.d. Velde | 3.47.42 | 16-05-2009 | 200 ss | Bjorn v.d. Velde | 3.42.45 | 30-05-2009 |            |
|            | Tiede Groener    | 0.37.74 | 10-06-2017 | 50 vl  | Django Klos      | 0.38.31 | 04-07-2010 |            |
|            | Tom Laarhuis     | 1.32.78 | 24-05-2008 | 100 vl | Tiede Groener    | 1.32.92 | 03-06-2017 |            |
|            | Tiede Groener    | 1.20.93 | 11-06-2017 | 100 wi |                  |         |            |            |
|            | Tiede Groener    | 3.03.34 | 09-04-2017 | 200 wi | Tiede Groener    | 3.06.01 | 04-06-2017 |            |

## 10 jaar - minioren 5

|  |              |         |            |        |               |         |            |  |
|--|--------------|---------|------------|--------|---------------|---------|------------|--|
|  | Tom Laarhuis | 0.30.13 | 13-06-2009 | 50 vr  | Django Klos   | 0.32.74 | 03-07-2011 |  |
|  | Tom Laarhuis | 1.06.57 | 13-06-2009 | 100 vr | Tom Laarhuis  | 1.08.14 | 05-07-2009 |  |
|  | Tom Laarhuis | 2.33.23 | 01-11-2008 | 200 vr | Tom Laarhuis  | 2.37.36 | 31-05-2009 |  |
|  | Tom Laarhuis | 5.22.18 | 20-12-2008 | 400 vr | Tiede Groener | 5.23.11 | 20-05-2018 |  |

|                   |                  |          |            |               |                                 |          |                            |                   |
|-------------------|------------------|----------|------------|---------------|---------------------------------|----------|----------------------------|-------------------|
| <b>25 m. baan</b> | Tom Laarhuis     | 10.55.04 | 10-03-2009 | <b>800 vr</b> | Tom Laarhuis                    | 11.11.62 | 28-03-2009                 | <b>50 m. baan</b> |
|                   | Tom Laarhuis     | 0.34.11  | 04-04-2009 | <b>50 ru</b>  | Django Klos                     | 0.39.90  | 03-07-2011                 |                   |
|                   | Tom Laarhuis     | 1.13.70  | 13-06-2009 | <b>100 ru</b> | Tom Laarhuis                    | 1.15.13  | 05-07-2009                 |                   |
|                   | Tom Laarhuis     | 2.39.73  | 16-05-2009 | <b>200 ru</b> | Tom Laarhuis /<br>Tiede Groener |          | 31-05-2009 /<br>20-05-2018 |                   |
|                   | Tiede Groener    | 0.41.20  | 08-04-2018 | <b>50 ss</b>  | Tiede Groener                   | 0.43.04  | 07-04-2018                 |                   |
|                   | Tiede Groener    | 1.25.06  | 10-06-2018 | <b>100 ss</b> | Fedde Beukers                   | 1.31.68  | 29-06-2008                 |                   |
|                   | Fedde Beukers    | 3.19.51  | 24-05-2008 | <b>200 ss</b> | Tiede Groener                   | 3.16.05  | 20-05-2018                 |                   |
|                   | Tom Laarhuis     | 0.34.50  | 27-06-2009 | <b>50 vl</b>  | Tom Laarhuis                    | 0.35.13  | 05-07-2009                 |                   |
|                   | Marcel Ekkelboom | 1.19.20  | 01-07-1975 | <b>100 vl</b> | Tiede Groener                   | 1.22.86  | 19-05-2018                 |                   |
|                   |                  |          |            | <b>200 vl</b> |                                 |          |                            |                   |
|                   | Tom Laarhuis     | 1.18.53  | 07-03-2009 | <b>100 wi</b> |                                 |          |                            |                   |
|                   | Tom Laarhuis     | 2.43.70  | 14-06-2009 | <b>200 wi</b> | Tom Laarhuis                    | 2.46.89  | 05-07-2009                 |                   |

### 11 jaar - minioren 6

|                   |                  |          |               |               |                 |          |            |                   |
|-------------------|------------------|----------|---------------|---------------|-----------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Tom Laarhuis     | 0.27.62  | 21-02-2010    | <b>50 vr</b>  | Django Klos     | 0.31.94  | 01-07-2012 | <b>50 m. baan</b> |
|                   | Tom Laarhuis     | 1.00.45  | 20-02-2010    | <b>100 vr</b> | Tom Laarhuis    | 1.01.27  | 04-07-2010 |                   |
|                   | Tom Laarhuis     | 2.14.08  | 20-02-2010    | <b>200 vr</b> | Karst Boersma   | 2.31.24  | 29-06-2008 |                   |
|                   | Tom Laarhuis     | 4.41.26  | 12-06-2010    | <b>400 vr</b> | Karst Boersma   | 5.18.36  | 30-03-2008 |                   |
|                   | Tiede Groener    | 10.26.29 | 26-01-2019    | <b>800 vr</b> | Tom Laarhuis    | 10.47.73 | 27-03-2010 |                   |
|                   | Tom Laarhuis     | 0.31.13  | 13-06-2010    | <b>50 ru</b>  | Tom Laarhuis    | 0.33.04  | 14-03-2010 |                   |
|                   | Tom Laarhuis     | 1.08.04  | 12-06-2010    | <b>100 ru</b> | Tom Laarhuis    | 1.09.47  | 04-07-2010 |                   |
|                   | Tom Laarhuis     | 2.32.57  | 17-01-2010    | <b>200 ru</b> | Tom Laarhuis    | 2.37.21  | 14-03-2010 |                   |
|                   | Tom Laarhuis     | 0.38.69  | 14-11-2009    | <b>50 ss</b>  |                 |          |            |                   |
|                   | Tom Laarhuis     | 1.18.86  | 12-06-2010    | <b>100 ss</b> | Damon Peperkamp | 1.26.96  | 01-07-2007 |                   |
|                   | Tiede Groener    | 2.58.61  | 09-02-2019    | <b>200 ss</b> | Fedde Beukers   | 3.13.20  | 30-05-2009 |                   |
|                   | Tom Laarhuis     | 0.31.18  | 10-04-2010    | <b>50 vl</b>  | Damon Peperkamp | 0.41.67  | 03-03-2007 |                   |
|                   | Tom Laarhuis     | 1.08.49  | 13-06-2010    | <b>100 vl</b> | Tom Laarhuis    | 1.10.63  | 04-07-2010 |                   |
|                   | Ensgar Kotterink | 3.06.85  | 01-01-2006    | <b>200 vl</b> |                 |          |            |                   |
|                   | Tom Laarhuis     | 1.09.41  | 06-03-2010    | <b>100 wi</b> |                 |          |            |                   |
|                   | Tom Laarhuis     | 2.33.26  | 13-06-2010    | <b>200 wi</b> | Tom Laarhuis    | 2.31.91  | 04-07-2010 |                   |
|                   |                  |          | <b>400 wi</b> |               |                 |          |            |                   |

### 12 jaar - junioren 1

|                   |                   |          |            |                |                   |          |            |                   |
|-------------------|-------------------|----------|------------|----------------|-------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Tom Laarhuis      | 0.27.03  | 28-01-2011 | <b>50 vr</b>   | Tom Laarhuis      | 0.27.01  | 17-06-2011 | <b>50 m. baan</b> |
|                   | Tom Laarhuis      | 0.58.92  | 30-01-2011 | <b>100 vr</b>  | Tom Laarhuis      | 0.59.06  | 22-05-2011 |                   |
|                   | Tom Laarhuis      | 2.04.86  | 02-04-2011 | <b>200 vr</b>  | Tom Laarhuis      | 2.09.78  | 18-06-2011 |                   |
|                   | Tom Laarhuis      | 4.27.94  | 19-03-2011 | <b>400 vr</b>  | Tom Laarhuis      | 4.33.40  | 17-06-2011 |                   |
|                   | Joris Keizer      | 9.39.18  | 01-07-1991 | <b>800 vr</b>  | Tom Laarhuis      | 9.59.11  | 23-04-2011 |                   |
|                   | Tom Laarhuis      | 18.22.58 | 27-02-2011 | <b>1500 vr</b> | Damon Peperkamp   | 18.44.62 | 27-04-2008 |                   |
|                   | Tom Laarhuis      | 0.31.01  | 06-11-2010 | <b>50 ru</b>   | Tom Laarhuis      | 0.31.27  | 18-06-2011 |                   |
|                   | Tom Laarhuis      | 1.04.22  | 02-04-2011 | <b>100 ru</b>  | Tom Laarhuis      | 1.04.29  | 18-06-2011 |                   |
|                   | Tom Laarhuis      | 2.18.12  | 28-01-2011 | <b>200 ru</b>  | Tom Laarhuis      | 2.21.13  | 22-05-2011 |                   |
|                   | Patrick Beersen   | 0.36.10  | 01-07-1996 | <b>50 ss</b>   | Fedde Beukers     | 0.37.14  | 20-06-2010 |                   |
|                   | Tom Laarhuis      | 1.14.42  | 19-03-2011 | <b>100 ss</b>  | Fedde Beukers     | 1.18.89  | 20-06-2010 |                   |
|                   | Tom Laarhuis      | 2.44.67  | 15-01-2011 | <b>200 ss</b>  | Tom Laarhuis      | 2.47.86  | 21-05-2011 |                   |
|                   | Tom Laarhuis      | 0.29.46  | 06-11-2010 | <b>50 vl</b>   | Tom Laarhuis      | 0.30.92  | 17-06-2011 |                   |
|                   | Tom Laarhuis      | 1.05.75  | 28-01-2011 | <b>100 vl</b>  | Tom Laarhuis      | 1.07.00  | 17-06-2011 |                   |
|                   | Lorenzo Peperkamp | 2.39.89  | 01-02-2009 | <b>200 vl</b>  | Lorenzo Peperkamp | 2.47.74  | 21-06-2009 |                   |
|                   | Tom Laarhuis      | 1.05.80  | 02-04-2011 | <b>100 wi</b>  |                   |          |            |                   |
|                   | Tom Laarhuis      | 2.22.73  | 29-01-2011 | <b>200 wi</b>  | Tom Laarhuis      | 2.24.64  | 15-05-2011 |                   |
|                   | Tom Laarhuis      | 5.08.69  | 13-03-2011 | <b>400 wi</b>  | Tom Laarhuis      | 5.11.20  | 19-06-2011 |                   |

### 13 jaar - junioren 2

|                   |                 |          |            |                |                 |          |            |                   |
|-------------------|-----------------|----------|------------|----------------|-----------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Tom Laarhuis    | 0.25.79  | 18-12-2011 | <b>50 vr</b>   | Tom Laarhuis    | 0.25.84  | 16-06-2012 | <b>50 m. baan</b> |
|                   | Tom Laarhuis    | 0.55.47  | 05-02-2012 | <b>100 vr</b>  | Tom Laarhuis    | 0.56.89  | 17-06-2012 |                   |
|                   | Tom Laarhuis    | 2.00.76  | 13-01-2012 | <b>200 vr</b>  | Tom Laarhuis    | 2.02.96  | 16-06-2012 |                   |
|                   | Tom Laarhuis    | 4.16.32  | 10-03-2012 | <b>400 vr</b>  | Tom Laarhuis    | 4.22.32  | 15-06-2012 |                   |
|                   | Tom Laarhuis    | 9.13.42  | 03-03-2012 | <b>800 vr</b>  | Damon Peperkamp | 9.29.73  | 26-04-2009 |                   |
|                   | Damon Peperkamp | 17.22.40 | 20-12-2008 | <b>1500 vr</b> | Damon Peperkamp | 17.56.18 | 26-04-2009 |                   |
|                   | Tom Laarhuis    | 0.29.33  | 15-01-2012 | <b>50 ru</b>   | Tom Laarhuis    | 0.30.48  | 06-11-2011 |                   |
|                   | Tom Laarhuis    | 0.59.77  | 21-01-2012 | <b>100 ru</b>  | Tom Laarhuis    | 1.02.37  | 16-06-2012 |                   |
|                   | Tom Laarhuis    | 2.12.95  | 01-10-2011 | <b>200 ru</b>  | Tom Laarhuis    | 2.12.98  | 15-06-2012 |                   |
|                   | Mart Kortman    | 0.33.45  | 05-02-2012 | <b>50 ss</b>   | Mart Kortman    | 0.34.30  | 17-06-2012 |                   |
|                   | Mart Kortman    | 1.11.71  | 05-02-2012 | <b>100 ss</b>  | Mart Kortman    | 1.14.49  | 17-06-2012 |                   |
|                   | Tom Laarhuis    | 2.36.08  | 21-01-2012 | <b>200 ss</b>  | Steffen Hillmer | 2.46.36  | 19-05-2009 |                   |
|                   | Tom Laarhuis    | 0.27.70  | 18-09-2011 | <b>50 vl</b>   | Tom Laarhuis    | 0.28.13  | 05-05-2012 |                   |
|                   | Tom Laarhuis    | 1.03.54  | 01-10-2011 | <b>100 vl</b>  | Tom Laarhuis    | 1.05.00  | 06-05-2012 |                   |
|                   | Tom Laarhuis    | 2.29.57  | 15-01-2012 | <b>200 vl</b>  | Damon Peperkamp | 2.43.58  | 17-05-2009 |                   |
|                   | Tom Laarhuis    | 1.01.89  | 31-03-2012 | <b>100 wi</b>  |                 |          |            |                   |
|                   | Tom Laarhuis    | 2.16.04  | 04-02-2012 | <b>200 wi</b>  | Tom Laarhuis    | 2.17.06  | 16-06-2012 |                   |
|                   | Tom Laarhuis    | 4.46.68  | 05-02-2012 | <b>400 wi</b>  | Tom Laarhuis    | 4.54.08  | 17-06-2012 |                   |

### 14 jaar - junioren 3

|                   |                   |            |               |                |                  |            |            |                   |
|-------------------|-------------------|------------|---------------|----------------|------------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Tom Laarhuis      | 0.24.68    | 01-02-2013    | <b>50 vr</b>   | Yoran Klos       | 0.25.12    | 22-05-2011 | <b>50 m. baan</b> |
|                   | Tom Laarhuis      | 0.53.71    | 03-02-2013    | <b>100 vr</b>  | Yoran Klos       | 0.54.98    | 19-06-2011 |                   |
|                   | Yoran Klos        | 1.58.69    | 02-04-2011    | <b>200 vr</b>  | Tom Laarhuis     | 2.02.70    | 25-05-2013 |                   |
|                   | Tom Laarhuis      | 4.12.59    | 01-02-2013    | <b>400 vr</b>  | Tom Laarhuis     | 4.24.78    | 01-06-2013 |                   |
|                   | Damon Peperkamp   | 9.06.77    | 19-12-2009    | <b>800 vr</b>  | Damon Peperkamp  | 9.27.72    | 25-04-2010 |                   |
|                   | Willy Hansen      | 17.15.70   | 01-07-1990    | <b>1500 vr</b> | Damon Peperkamp  | 18.07.41   | 25-04-2010 |                   |
|                   | Tom Laarhuis      | 23.00.95   | 14-04-2013    | <b>2000 vr</b> |                  |            |            |                   |
|                   | Tom Laarhuis      | 0.27.86    | 04-11-2012    | <b>50 ru</b>   | Tom Laarhuis     | 0.28.92    | 02-06-2013 |                   |
|                   | Tom Laarhuis      | 0.58.34    | 02-02-2013    | <b>100 ru</b>  | Tom Laarhuis     | 1.00.71    | 22-06-2013 |                   |
|                   | Tom Laarhuis      | 2.05.52    | 01-02-2013    | <b>200 ru</b>  | Tom Laarhuis     | 2.11.15    | 21-06-2013 |                   |
|                   | Sjaak Oude Ophuis | 0.32.54    | 29-12-2001    | <b>50 ss</b>   | Mart Kortman     | 0.32.39    | 21-04-2013 |                   |
|                   | Yoran Klos        | 1.10.77    | 02-04-2011    | <b>100 ss</b>  | Jurre Hanstede   | 1.12.63    | 17-06-2017 |                   |
|                   | Tom Laarhuis      | 2.28.24    | 09-03-2013    | <b>200 ss</b>  | Jurre Hanstede   | 2.34.62    | 15-06-2017 |                   |
|                   | Tom Laarhuis      | 0.27.25    | 16-09-2012    | <b>50 vl</b>   | Yoran Klos       | 0.26.74    | 14-05-2011 |                   |
|                   | Yoran Klos        | 1.01.64    | 28-01-2011    | <b>100 vl</b>  | Yoran Klos       | 1.01.80    | 15-05-2011 |                   |
|                   | Joris Keizer      | 2.19.90    | 01-07-1994    | <b>200 vl</b>  | Sjoerd Zanderink | 2.10.16    | 17-06-2006 |                   |
|                   | Tom Laarhuis      | 1.02.16    | 12-01-2013    | <b>100 wi</b>  |                  |            |            |                   |
|                   | Tom Laarhuis      | 2.08.85    | 02-02-2013    | <b>200 wi</b>  | Tom Laarhuis     | 2.14.37    | 22-06-2013 |                   |
| Tom Laarhuis      | 4.34.69           | 03-02-2013 | <b>400 wi</b> | Tom Laarhuis   | 4.51.13          | 23-03-2013 |            |                   |

### 15 jaar - junioren 4

|                   |                |          |            |                |                  |          |            |                   |
|-------------------|----------------|----------|------------|----------------|------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Yoran Klos     | 0.23.96  | 03-02-2012 | <b>50 vr</b>   | Yoran Klos       | 0.24.26  | 15-06-2012 | <b>50 m. baan</b> |
|                   | Yoran Klos     | 0.52.53  | 04-02-2012 | <b>100 vr</b>  | Yoran Klos       | 0.52.73  | 12-07-2012 |                   |
|                   | Yoran Klos     | 1.57.40  | 04-02-2012 | <b>200 vr</b>  | Yoran Klos       | 1.57.54  | 12-07-2012 |                   |
|                   | Tom Laarhuis   | 4.06.82  | 31-01-2014 | <b>400 vr</b>  | Dennis Kamps     | 4.19.85  | 16-06-2016 |                   |
|                   | Tom Laarhuis   | 8.45.38  | 27-10-2013 | <b>800 vr</b>  | Dennis Kamps     | 9.11.86  | 18-06-2016 |                   |
|                   | Tom Laarhuis   | 16.57.11 | 15-02-2014 | <b>1500 vr</b> | Dennis Kamps     | 17.15.79 | 07-04-2016 |                   |
|                   | Tom Laarhuis   | 22.42.75 | 15-02-2014 | <b>2000 vr</b> |                  |          |            |                   |
|                   | Tom Laarhuis   | 0.27.14  | 29-06-2014 | <b>50 ru</b>   | Tom Laarhuis     | 0.28.54  | 11-05-2014 |                   |
|                   | Tom Laarhuis   | 0.57.65  | 01-02-2014 | <b>100 ru</b>  | Dennis Kamps     | 1.02.30  | 28-05-2016 |                   |
|                   | Tom Laarhuis   | 2.05.05  | 31-01-2014 | <b>200 ru</b>  | Joris Keizer     | 2.09.27  | 01-07-1995 |                   |
|                   | Jurre Hanstede | 0.31.40  | 15-12-2017 | <b>50 ss</b>   | Jurre Hanstede   | 0.31.64  | 16-06-2018 |                   |
|                   | Jurre Hanstede | 1.07.92  | 21-04-2018 | <b>100 ss</b>  | Jurre Hanstede   | 1.08.97  | 16-06-2018 |                   |
|                   | Tom Laarhuis   | 2.25.29  | 01-02-2014 | <b>200 ss</b>  | Sjoerd Zanderink | 2.29.16  | 16-06-2007 |                   |

|  |              |         |            |               |                |         |            |  |
|--|--------------|---------|------------|---------------|----------------|---------|------------|--|
|  | Yoran Klos   | 0.26.67 | 18-12-2011 | <b>50 vl</b>  | Yoran Klos     | 0.26.12 | 05-05-2012 |  |
|  | Tom Laarhuis | 0.59.46 | 12-01-2014 | <b>100 vl</b> | Yoran Klos     | 0.59.23 | 15-05-2012 |  |
|  | Joris Keizer | 2.10.40 | 22-10-1994 | <b>200 vl</b> | Joris Keizer   | 2.10.40 | 22-10-1994 |  |
|  | Tom Laarhuis | 1.01.03 | 29-06-2014 | <b>100 wi</b> |                |         |            |  |
|  | Tom Laarhuis | 2.07.26 | 01-02-2014 | <b>200 wi</b> | Jurre Hanstede | 2.16.28 | 16-06-2018 |  |
|  | Tom Laarhuis | 4.34.16 | 02-02-2014 | <b>400 wi</b> | Jordi Dijkhuis | 4.54.53 | 17-06-2007 |  |

### 16 jaar - jeugd 1

|                   |                   |          |            |                |                  |          |            |                   |
|-------------------|-------------------|----------|------------|----------------|------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Johan Kenkhuis    | 0.23.50  | 01-07-1997 | <b>50 vr</b>   | Menno Manning    | 0.24.34  | 27-03-2010 | <b>50 m. baan</b> |
|                   | Yoran Klos        | 0.51.56  | 28-10-2012 | <b>100 vr</b>  | Yoran Klos       | 0.52.93  | 21-04-2013 |                   |
|                   | Joris Keizer      | 1.54.10  | 01-07-1996 | <b>200 vr</b>  | Yoran Klos       | 1.59.72  | 07-06-2013 |                   |
|                   | Joris Keizer      | 4.05.60  | 01-07-1996 | <b>400 vr</b>  | Job Kienhuis     | 4.05.87  | 09-06-2006 |                   |
|                   | Job Kienhuis      | 8.45.11  | 18-12-2005 | <b>800 vr</b>  | Job Kienhuis     | 8.37.76  | 10-06-2006 |                   |
|                   | Job Kienhuis      | 16.24.23 | 18-12-2005 | <b>1500 vr</b> | Job Kienhuis     | 16.19.15 | 11-06-2006 |                   |
|                   | Karst Boersma     | 22.48.29 | 14-04-2013 | <b>2000 vr</b> |                  |          |            |                   |
|                   | Joris Keizer      | 0.27.80  | 01-07-1996 | <b>50 ru</b>   | Tom Laarhuis     | 0.28.70  | 21-03-2015 |                   |
|                   | Joris Keizer      | 0.57.44  | 01-07-1996 | <b>100 ru</b>  | Rense Loohuis    | 1.01.96  | 07-06-2008 |                   |
|                   | Joris Keizer      | 2.05.51  | 01-07-1996 | <b>200 ru</b>  | Rense Loohuis    | 2.12.51  | 05-06-2008 |                   |
|                   | Sjaak Oude Ophuis | 0.30.16  | 25-10-2003 | <b>50 ss</b>   | Kasper Leeuw     | 0.31.04  | 09-05-2010 |                   |
|                   | Kasper Leeuw      | 1.06.05  | 10-04-2010 | <b>100 ss</b>  | Sjoerd Zanderink | 1.08.00  | 05-06-2008 |                   |
|                   | Sjoerd Zanderink  | 2.23.13  | 05-04-2008 | <b>200 ss</b>  | Sjoerd Zanderink | 2.28.11  | 06-06-2008 |                   |
|                   | Yoran Klos        | 0.25.57  | 28-10-2012 | <b>50 vl</b>   | Menno Manning    | 0.25.76  | 08-05-2010 |                   |
|                   | Joris Keizer      | 0.56.72  | 01-07-1996 | <b>100 vl</b>  | Dennis Kamps     | 0.59.27  | 15-06-2017 |                   |
|                   | Dennis Kamps      | 2.08.41  | 11-02-2017 | <b>200 vl</b>  | Dennis Kamps     | 2.17.59  | 16-06-2017 |                   |
|                   | Yoran Klos        | 0.58.91  | 12-01-2013 | <b>100 wi</b>  |                  |          |            |                   |
|                   | Jurre Hanstede    | 2.11.69  | 09-02-2019 | <b>200 wi</b>  | Jordi Dijkhuis   | 2.17.04  | 05-06-2008 |                   |
|                   | Jeroen Wijering   | 4.44.08  | 01-07-1997 | <b>400 wi</b>  | Jordi Dijkhuis   | 4.54.93  | 06-06-2008 |                   |

### 17 jaar - jeugd 2

|                   |                   |          |            |                |                  |          |            |                   |
|-------------------|-------------------|----------|------------|----------------|------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Menno Manning     | 0.23.64  | 03-12-2010 | <b>50 vr</b>   | Menno Manning    | 0.24.24  | 10-06-2011 | <b>50 m. baan</b> |
|                   | Menno Manning     | 0.51.75  | 05-12-2012 | <b>100 vr</b>  | Yoran Klos       | 0.52.93  | 20-04-2013 |                   |
|                   | Job Kienhuis      | 1.53.82  | 16-12-2006 | <b>200 vr</b>  | Johan Kenkhuis   | 1.50.49  | 30-07-1998 |                   |
|                   | Job Kienhuis      | 4.01.89  | 15-12-2006 | <b>400 vr</b>  | Job Kienhuis     | 4.01.88  | 18-07-2007 |                   |
|                   | Job Kienhuis      | 8.31.02  | 17-12-2006 | <b>800 vr</b>  | Job Kienhuis     | 8.26.38  | 21-04-2007 |                   |
|                   | Job Kienhuis      | 15.58.76 | 17-12-2006 | <b>1500 vr</b> | Job Kienhuis     | 16.09.77 | 03-06-2007 |                   |
|                   | Karst Boersma     | 22.29.59 | 15-02-2014 | <b>2000 vr</b> |                  |          |            |                   |
|                   | Dennis Kamps      | 0.27.21  | 16-12-2017 | <b>50 ru</b>   | Dennis Kamps     | 0.28.09  | 27-05-2018 |                   |
|                   | Dennis Kamps      | 0.58.44  | 24-09-2017 | <b>100 ru</b>  | Dennis Kamps     | 0.58.73  | 15-06-2018 |                   |
|                   | Dennis Kamps      | 2.03.31  | 22-12-2017 | <b>200 ru</b>  | Dennis Kamps     | 2.08.74  | 17-06-2018 |                   |
|                   | Sjaak Oude Ophuis | 0.29.22  | 17-12-2004 | <b>50 ss</b>   | Kasper Leeuw     | 0.30.48  | 12-06-2011 |                   |
|                   | Sjaak Oude Ophuis | 1.04.40  | 17-12-2004 | <b>100 ss</b>  | Kasper Leeuw     | 1.06.91  | 10-06-2011 |                   |
|                   | Sjoerd Zanderink  | 2.21.82  | 20-12-2008 | <b>200 ss</b>  | Sjoerd Zanderink | 2.27.32  | 13-06-2009 |                   |
|                   | Menno Manning     | 0.25.45  | 05-12-2010 | <b>50 vl</b>   | Dennis Kamps     | 0.25.81  | 17-06-2018 |                   |
|                   | Joris Keizer      | 0.55.17  | 01-12-1996 | <b>100 vl</b>  | Joris Keizer     | 0.55.83  | 01-06-1997 |                   |
|                   | Dennis Kamps      | 2.06.22  | 03-02-2018 | <b>200 vl</b>  | Joris Keizer     | 2.05.56  | 02-08-1997 |                   |
|                   | Kasper Leeuw      | 1.01.80  | 09-10-2010 | <b>100 wi</b>  |                  |          |            |                   |
|                   | Dennis Kamps      | 2.10.39  | 03-02-2018 | <b>200 wi</b>  | Karst Boersma    | 2.12.30  | 19-06-2014 |                   |
|                   | Jordi Dijkhuis    | 4.39.60  | 20-12-2008 | <b>400 wi</b>  | Sjoerd Zanderink | 4.55.58  | 28-03-2009 |                   |

### 18 jaar

|  |                |         |            |               |               |         |            |  |
|--|----------------|---------|------------|---------------|---------------|---------|------------|--|
|  | Johan Kenkhuis | 0.23.30 | 01-07-1999 | <b>50 vr</b>  | Pim Kienhuis  | 0.24.50 | 02-12-2011 |  |
|  | Johan Kenkhuis | 0.51.20 | 01-07-1999 | <b>100 vr</b> | Menno Manning | 0.53.73 | 04-12-2011 |  |
|  | Karst Boersma  | 1.52.05 | 04-11-2016 | <b>200 vr</b> | Karst Boersma | 1.56.74 | 04-04-2015 |  |
|  | Job Kienhuis   | 3.55.12 | 21-12-2007 | <b>400 vr</b> | Job Kienhuis  | 4.03.03 | 07-12-2007 |  |

|                   |                   |            |               |                |                   |            |            |                   |
|-------------------|-------------------|------------|---------------|----------------|-------------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Job Kienhuis      | 8.14.95    | 23-12-2007    | <b>800 vr</b>  | Job Kienhuis      | 8.26.40    | 06-12-2007 | <b>50 m. baan</b> |
|                   | Job Kienhuis      | 15.24.86   | 23-12-2007    | <b>1500 vr</b> | Karst Boersma     | 17.04.77   | 03-04-2015 |                   |
|                   | Karst Boersma     | 22.38.50   | 21-02-2015    | <b>2000 vr</b> | Karst Boersma     | 23.28.81   | 18-04-2015 |                   |
|                   |                   |            |               | <b>5000 vr</b> | Karst Boersma     | 58.35.78   | 18-04-2015 |                   |
|                   | Dennis Kamps      | 0.26.51    | 06-01-2019    | <b>50 ru</b>   | Karst Boersma     | 0.28.51    | 30-05-2015 |                   |
|                   | Dennis Kamps      | 0.55.45    | 16-03-2019    | <b>100 ru</b>  | Dennis Kamps      | 0.59.45    | 27-01-2019 |                   |
|                   | Dennis Kamps      | 2.00.14    | 23-12-2018    | <b>200 ru</b>  | Dennis Kamps      | 2.10.22    | 02-03-2019 |                   |
|                   | Sjaak Oude Ophuis | 0.29.28    | 22-10-2005    | <b>50 ss</b>   | Sjaak Oude Ophuis | 0.30.14    | 11-06-2006 |                   |
|                   | Sjaak Oude Ophuis | 1.03.34    | 16-12-2005    | <b>100 ss</b>  | Sjaak Oude Ophuis | 1.05.34    | 09-06-2006 |                   |
|                   | Sjaak Oude Ophuis | 2.18.86    | 16-12-2005    | <b>200 ss</b>  | Sjoerd Zanderink  | 2.25.24    | 24-04-2010 |                   |
|                   | Joris Keizer      | 0.24.09    | 14-02-1998    | <b>50 vl</b>   | Joris Keizer      | 0.24.80    | 19-06-1998 |                   |
|                   | Joris Keizer      | 0.54.69    | 01-07-1998    | <b>100 vl</b>  | Joris Keizer      | 0.53.24    | 28-01-1998 |                   |
|                   | Joris Keizer      | 2.03.52    | 01-07-1998    | <b>200 vl</b>  | Dennis Kamps      | 2.13.20    | 27-01-2019 |                   |
|                   | Kasper Leeuw      | 0.59.52    | 30-06-2012    | <b>100 wi</b>  |                   |            |            |                   |
| Sjoerd Zanderink  | 2.07.99           | 10-04-2010 | <b>200 wi</b> | Karst Boersma  | 2.14.25           | 09-05-2015 |            |                   |
| Karst Boersma     | 4.38.76           | 03-05-2015 | <b>400 wi</b> | Karst Boersma  | 4.46.67           | 02-04-2015 |            |                   |

| <b>19 jaar</b>    |                   |            |               |                |               |            |            |                   |
|-------------------|-------------------|------------|---------------|----------------|---------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Dirk Oude Ophuis  | 0.23.90    | 30-10-2004    | <b>50 vr</b>   | Karst Boersma | 0.24.74    | 24-04-2016 | <b>50 m. baan</b> |
|                   | Jeroen Gijsselaar | 0.51.95    | 28-10-2012    | <b>100 vr</b>  | Karst Boersma | 0.53.91    | 24-04-2016 |                   |
|                   | Sjoerd Zanderink  | 1.53.41    | 13-11-2010    | <b>200 vr</b>  | Karst Boersma | 1.58.85    | 28-05-2016 |                   |
|                   | Karst Boersma     | 4.04.93    | 31-10-2015    | <b>400 vr</b>  | Karst Boersma | 4.10.60    | 06-04-2016 |                   |
|                   | Karst Boersma     | 8.35.06    | 18-10-2015    | <b>800 vr</b>  | Karst Boersma | 8.51.83    | 08-04-2016 |                   |
|                   | Karst Boersma     | 16.25.73   | 08-05-2016    | <b>1500 vr</b> | Karst Boersma | 16.42.66   | 08-04-2016 |                   |
|                   | Karst Boersma     | 21.55.07   | 08-05-2016    | <b>2000 vr</b> | Karst Boersma | 23.33.86   | 19-06-2016 |                   |
|                   |                   |            |               | <b>5000 vr</b> | Karst Boersma | 59.16.24   | 19-06-2016 |                   |
|                   | Karst Boersma     | 0.27.80    | 10-01-2016    | <b>50 ru</b>   | Tom Laarhuis  | 0.28.04    | 24-06-2018 |                   |
|                   | Karst Boersma     | 0.58.97    | 12-03-2016    | <b>100 ru</b>  | Tom Laarhuis  | 0.59.87    | 23-06-2018 |                   |
|                   | Rense Loohuis     | 2.06.21    | 20-11-2010    | <b>200 ru</b>  | Tom Laarhuis  | 2.11.89    | 23-06-2018 |                   |
|                   | Sjoerd Zanderink  | 0.29.94    | 13-11-2010    | <b>50 ss</b>   | Karst Boersma | 0.31.72    | 21-05-2016 |                   |
|                   | Sjoerd Zanderink  | 1.06.13    | 02-10-2010    | <b>100 ss</b>  | Karst Boersma | 1.12.54    | 21-05-2016 |                   |
|                   | Sjoerd Zanderink  | 2.23.06    | 15-01-2011    | <b>200 ss</b>  | Karst Boersma | 2.39.00    | 29-05-2016 |                   |
|                   | Joris Keizer      | 0.23.96    | 04-04-1999    | <b>50 vl</b>   | Joris Keizer  | 0.24.48    | 28-07-1999 |                   |
|                   | Joris Keizer      | 0.54.13    | 12-12-1998    | <b>100 vl</b>  | Joris Keizer  | 0.54.09    | 27-07-1999 |                   |
|                   | Joris Keizer      | 1.59.96    | 19-12-1998    | <b>200 vl</b>  | Joris Keizer  | 2.05.95    | 26-07-1999 |                   |
|                   | Karst Boersma     | 0.58.59    | 12-01-2016    | <b>100 wi</b>  |               |            |            |                   |
| Karst Boersma     | 2.09.94           | 31-10-2015 | <b>200 wi</b> | Karst Boersma  | 2.14.08       | 21-05-2016 |            |                   |
| Karst Boersma     | 4.38.88           | 14-11-2015 | <b>400 wi</b> | Karst Boersma  | 4.50.71       | 08-04-2016 |            |                   |

| <b>All-in</b>     |                   |          |            |                |                   |          |            |                   |
|-------------------|-------------------|----------|------------|----------------|-------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Yoran Klos        | 0.23.00  | 05-11-2016 | <b>50 vr</b>   | Yoran Klos        | 0.23.89  | 29-01-2017 | <b>50 m. baan</b> |
|                   | Yoran Klos        | 0.50.84  | 05-11-2016 | <b>100 vr</b>  | Yoran Klos        | 0.52.73  | 12-07-2012 |                   |
|                   | Karst Boersma     | 1.50.31  | 22-12-2018 | <b>200 vr</b>  | Johan Kenkhuis    | 1.50.49  | 02-08-1998 |                   |
|                   | Job Kienhuis      | 3.55.12  | 21-12-2007 | <b>400 vr</b>  | Job Kienhuis      | 4.05.87  | 09-06-2006 |                   |
|                   | Job Kienhuis      | 8.14.95  | 23-12-2007 | <b>800 vr</b>  | Job Kienhuis      | 8.26.38  | 21-04-2007 |                   |
|                   | Job Kienhuis      | 15.24.86 | 23-12-2007 | <b>1500 vr</b> | Job Kienhuis      | 16.09.77 | 03-06-2007 |                   |
|                   | Karst Boersma     | 21.49.92 | 21-01-2018 | <b>2000 vr</b> | Karst Boersma     | 23.28.81 | 18-04-2015 |                   |
|                   | Dennis Kamps      | 0.55.45  | 16-03-2019 | <b>50 ru</b>   | Karst Boersma     | 0.27.97  | 03-03-2018 |                   |
|                   | Dennis Kamps      | 0.55.62  | 21-12-2018 | <b>100 ru</b>  | Dennis Kamps      | 0.58.73  | 15-06-2018 |                   |
|                   | Dennis Kamps      | 2.00.14  | 23-12-2018 | <b>200 ru</b>  | Tjakko Ruinemans  | 2.08.62  | 10-07-1995 |                   |
|                   | Sjaak Oude Ophuis | 0.29.22  | 17-12-2004 | <b>50 ss</b>   | Sjaak Oude Ophuis | 0.30.14  | 11-06-2006 |                   |
|                   | Sjaak Oude Ophuis | 1.03.34  | 16-12-2005 | <b>100 ss</b>  | Sjaak Oude Ophuis | 1.05.34  | 09-06-2006 |                   |
|                   | Sjaak Oude Ophuis | 2.18.86  | 16-12-2005 | <b>200 ss</b>  | Sjoerd Zanderink  | 2.25.24  | 24-04-2010 |                   |
|                   | Joris Keizer      | 0.23.96  | 04-04-1999 | <b>50 vl</b>   | Joris Keizer      | 0.24.48  | 28-07-1999 |                   |

|               |         |            |               |               |         |            |
|---------------|---------|------------|---------------|---------------|---------|------------|
| Joris Keizer  | 0.54.13 | 12-12-1998 | <b>100 vl</b> | Joris Keizer  | 0.53.24 | 28-01-1998 |
| Joris Keizer  | 1.59.96 | 19-12-1998 | <b>200 vl</b> | Joris Keizer  | 2.05.56 | 02-08-1997 |
| Karst Boersma | 0.57.87 | 06-10-2018 | <b>100 wi</b> |               |         |            |
| Karst Boersma | 2.05.53 | 29-12-2017 | <b>200 wi</b> | Karst Boersma | 2.09.23 | 23-06-2018 |
| Karst Boersma | 4.29.98 | 22-04-2018 | <b>400 wi</b> | Karst Boersma | 4.45.89 | 14-04-2018 |

# CLUBRECORDS DAMES

Leeftijd bepaald vanaf 1 sept. t/m 1 sept volgend jaar

## 6 jaar - minioren 1

|       |                       |         |            |       |  |  |  |       |
|-------|-----------------------|---------|------------|-------|--|--|--|-------|
| 25 m. | Mattea Gliese Slooyer | 0.42.09 | 27-05-2018 | 50 vr |  |  |  | 50 m. |
|       | Mattea Gliese Slooyer | 0.50.33 | 27-05-2018 | 50 ru |  |  |  |       |
|       | Mattea Gliese Slooyer | 0.57.02 | 08-01-2018 | 50 ss |  |  |  |       |

## 7 jaar - minioren 2

|            |                       |         |            |        |  |  |  |            |
|------------|-----------------------|---------|------------|--------|--|--|--|------------|
| 25 m. baan | Mattea Gliese-Slooyer | 0.39.69 | 10-11-2018 | 50 vr  |  |  |  | 50 m. baan |
|            | Mattea Gliese-Slooyer | 1.31.24 | 24-02-2019 | 100 vr |  |  |  |            |
|            | Mattea Gliese-Slooyer | 3.32.58 | 14-10-2018 | 200 vr |  |  |  |            |
|            | Mattea Gliese-Slooyer | 0.47.96 | 06-01-2019 | 50 ru  |  |  |  |            |
|            | Mattea Gliese-Slooyer | 1.40.04 | 10-03-2019 | 100 ru |  |  |  |            |
|            | Mattea Gliese-Slooyer | 0.52.33 | 06-01-2019 | 50 ss  |  |  |  |            |
|            | Mattea Gliese-Slooyer | 1.53.17 | 09-12-2018 | 100 ss |  |  |  |            |
|            | Mattea Gliese-Slooyer | 1.00.08 | 09-12-2018 | 50 vl  |  |  |  |            |
|            | Mattea Gliese-Slooyer | 1.46.08 | 24-02-2019 | 100 wi |  |  |  |            |

## 8 jaar - minioren 3

|            |                   |         |            |        |                |         |            |            |
|------------|-------------------|---------|------------|--------|----------------|---------|------------|------------|
| 25 m. baan | Pien Hemmelder    | 0.37.06 | 02-04-2017 | 50 vr  | Mila Soethof   | 0.43.45 | 07-04-2018 | 50 m. baan |
|            | Pien Hemmelder    | 1.21.07 | 10-06-2017 | 100 vr | Pien Hemmelder | 1.27.41 | 03-06-2017 |            |
|            | Sarie Kluitman    | 3.35.37 | 22-05-2013 | 200 vr |                |         |            |            |
|            | Isabel Nibourg    | 7.15.92 | 15-03-2008 | 400 vr |                |         |            |            |
|            | Noortje Timmerman | 0.44.48 | 28-12-2003 | 50 ru  | Mila Soethof   | 0.53.61 | 07-04-2018 |            |
|            | Pien Hemmelder    | 1.33.85 | 10-06-2017 | 100 ru | Pien Hemmelder | 1.36.86 | 03-06-2017 |            |
|            | Maud Hesselink    | 0.49.31 | 14-12-2002 | 50 ss  | Yfke Wennink   | 0.58.05 | 07-04-2018 |            |
|            | Lonne Dijkhuis    | 1.37.38 | 07-12-2002 | 100 ss | Pien Hemmelder | 1.49.54 | 04-06-2017 |            |
|            | Pien Hemmelder    | 0.42.37 | 10-06-2017 | 50 vl  | Mila Soethof   | 0.51.52 | 07-04-2018 |            |
|            | Pien Hemmelder    | 1.33.47 | 10-06-2017 | 100 wi |                |         |            |            |
|            |                   |         |            | 200 wi |                |         |            |            |

## 9 jaar - minioren 4

|            |                   |         |            |        |                |         |            |            |
|------------|-------------------|---------|------------|--------|----------------|---------|------------|------------|
| 25 m. baan | Laura Stegge      | 0.33.53 | 28-06-2009 | 50 vr  | Wies Ruinemans | 0.39.74 | 07-04-2018 | 50 m. baan |
|            | Laura Stegge      | 1.14.18 | 07-03-2009 | 100 vr | Laura Stegge   | 1.15.50 | 05-07-2009 |            |
|            | Pien Hemmelder    | 2.57.56 | 17-12-2017 | 200 vr | Laura Stegge   | 2.53.94 | 31-05-2009 |            |
|            | Noortje Timmerman | 6.08.16 | 26-03-2005 | 400 vr | Laura Stegge   | 6.12.74 | 28-03-2009 |            |
|            | Pien Hemmelder    | 0.38.69 | 08-04-2018 | 50 ru  |                |         |            |            |
|            | Puck Koopman      | 1.26.07 | 05-04-2014 | 100 ru | Laura Stegge   | 1.27.66 | 05-07-2009 |            |
|            | Isabel Nibourg    | 3.23.67 | 16-05-2009 | 200 ru | Joy van Dieren | 3.13.59 | 19-05-2013 |            |
|            | Lonne Dijkhuis    | 0.44.08 | 28-12-2003 | 50 ss  | Pien Hemmelder | 0.46.79 | 07-04-2018 |            |
|            | Judith Kluitman   | 1.36.89 | 10-06-2007 | 100 ss | Anouk Knippers | 1.39.57 | 01-07-2007 |            |
|            | Lotte Kuipers     | 3.43.43 | 16-05-2009 | 200 ss | Lotte Kuipers  | 3.49.70 | 30-05-2009 |            |
|            | Isabel Nibourg    | 0.40.20 | 13-06-2009 | 50 vl  | Isabel Nibourg | 0.40.41 | 05-07-2009 |            |
|            | Isabel Nibourg    | 1.36.83 | 16-05-2009 | 100 vl | Isabel Nibourg | 1.38.26 | 30-05-2009 |            |
|            | Puck Koopman      | 1.27.34 | 18-05-2014 | 100 wi |                |         |            |            |
|            | Joy van Dieren    | 3.08.60 | 09-06-2013 | 200 wi | Laura Stegge   | 3.11.75 | 05-07-2009 |            |

## 10 jaar - minioren 5

|  |               |         |            |        |                 |         |            |  |
|--|---------------|---------|------------|--------|-----------------|---------|------------|--|
|  | Laura Stegge  | 0.31.17 | 12-06-2010 | 50 vr  | Marit Westerhof | 0.36.86 | 07-04-2018 |  |
|  | Puck Koopman  | 1.08.91 | 13-06-2015 | 100 vr | Laura Stegge    | 1.09.41 | 04-07-2010 |  |
|  | Laura Stegge  | 2.41.61 | 20-02-2010 | 200 vr | Laura Stegge    | 2.38.51 | 04-07-2010 |  |
|  | Kitty Mensink | 5.19.50 | 01-07-1986 | 400 vr | Elles Tijink    | 5.44.97 | 05-07-2009 |  |

|                   |                   |          |            |               |                   |          |            |                   |
|-------------------|-------------------|----------|------------|---------------|-------------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Lonne Dijkhuis    | 11.27.91 | 26-03-2005 | <b>800 vr</b> | Laura Stegge      | 12.15.81 | 27-03-2010 | <b>50 m. baan</b> |
|                   | Pien Hemmelder    | 0.36.85  | 10-02-2019 | <b>50 ru</b>  |                   |          |            |                   |
|                   | Laura Stegge      | 1.19.47  | 13-06-2010 | <b>100 ru</b> | Puck Koopman      | 1.20.76  | 23-05-2015 |                   |
|                   | Sterre Heerink    | 3.08.60  | 16-05-2009 | <b>200 ru</b> | Joy van Dieren    | 3.01.54  | 08-06-2014 |                   |
|                   | Lonne Dijkhuis    | 0.40.56  | 13-11-2004 | <b>50 ss</b>  |                   |          |            |                   |
|                   | Lonne Dijkhuis    | 1.28.16  | 04-06-2005 | <b>100 ss</b> | Elles Tijink      | 1.35.54  | 05-07-2009 |                   |
|                   | Laurie Aarninkhof | 3.26.65  | 16-05-2009 | <b>200 ss</b> | Laurie Aarninkhof | 3.31.92  | 30-05-2009 |                   |
|                   | Isabel Nibourg    | 0.34.87  | 19-06-2010 | <b>50 vl</b>  | Elle Wassink      | 0.42.30  | 07-04-2018 |                   |
|                   | Isabel Nibourg    | 1.23.42  | 12-06-2010 | <b>100 vl</b> | Isabel Nibourg    | 1.26.63  | 04-07-2010 |                   |
|                   | Isabel Nibourg    | 3.21.00  | 17-01-2010 | <b>200 vl</b> |                   |          |            |                   |
|                   | Laura Stegge      | 1.20.40  | 17-04-2010 | <b>100 wi</b> |                   |          |            |                   |
|                   | Puck Koopman      | 2.52.92  | 11-04-2015 | <b>200 wi</b> | Janneke Lenderink | 3.03.38  | 01-07-2012 |                   |

### 11 jaar - junioren 1

|                   |                   |          |            |               |                |          |            |                   |
|-------------------|-------------------|----------|------------|---------------|----------------|----------|------------|-------------------|
| <b>25 m. baan</b> | Puck Koopman      | 0.28.82  | 08-05-2016 | <b>50 vr</b>  | Puck Koopman   | 0.28.76  | 24-04-2016 | <b>50 m. baan</b> |
|                   | Puck Koopman      | 1.03.80  | 30-01-2016 | <b>100 vr</b> | Puck Koopman   | 1.03.69  | 17-06-2016 |                   |
|                   | Laura Stegge      | 2.23.88  | 29-01-2011 | <b>200 vr</b> | Puck Koopman   | 2.24.36  | 19-06-2016 |                   |
|                   | Yke Groener       | 5.07.90  | 09-04-2017 | <b>400 vr</b> | Yke Groener    | 5.03.96  | 15-06-2017 |                   |
|                   | Yke Groener       | 10.24.88 | 09-04-2017 | <b>800 vr</b> | Yke Groener    | 10.19.76 | 16-06-2017 |                   |
|                   | Puck Koopman      | 0.33.53  | 31-01-2016 | <b>50 ru</b>  | Joy van Dieren | 0.35.20  | 09-05-2015 |                   |
|                   | Puck Koopman      | 1.13.53  | 14-11-2015 | <b>100 ru</b> | Joy van Dieren | 1.14.47  | 13-06-2015 |                   |
|                   | Joy van Dieren    | 2.37.78  | 30-01-2016 | <b>200 ru</b> | Joy van Dieren | 2.39.18  | 12-06-2015 |                   |
|                   | Lonne Dijkhuis    | 0.38.48  | 12-11-2005 | <b>50 ss</b>  | Tess Wolbert   | 0.39.78  | 18-06-2016 |                   |
|                   | Lonne Dijkhuis    | 1.23.23  | 10-06-2006 | <b>100 ss</b> | Puck Koopman   | 1.26.15  | 16-06-2016 |                   |
|                   | Anouk Knippers    | 3.06.79  | 31-01-2009 | <b>200 ss</b> | Tess Wolbert   | 3.05.15  | 19-06-2016 |                   |
|                   | Puck Koopman      | 0.31.87  | 12-03-2016 | <b>50 vl</b>  | Puck Koopman   | 0.32.78  | 27-02-2016 |                   |
|                   | Isabel Nibourg    | 1.15.58  | 28-01-2011 | <b>100 vl</b> | Isabel Nibourg | 1.13.98  | 17-06-2011 |                   |
|                   | Isabel Nibourg    | 3.04.95  | 11-12-2010 | <b>200 vl</b> |                |          |            |                   |
|                   | Puck Koopman      | 1.15.06  | 03-10-2015 | <b>100 wi</b> |                |          |            |                   |
|                   | Puck Koopman      | 2.41.60  | 31-01-2016 | <b>200 wi</b> | Puck Koopman   | 2.38.12  | 18-06-2016 |                   |
|                   | Janneke Lenderink | 6.09.32  | 22-05-2013 | <b>400 wi</b> | Yke Groener    | 5.51.94  | 18-06-2017 |                   |

### 12 jaar - junioren 2

|                   |                  |          |            |                |                |         |            |                   |
|-------------------|------------------|----------|------------|----------------|----------------|---------|------------|-------------------|
| <b>25 m. baan</b> | Puck Koopman     | 0.27.89  | 26-01-2017 | <b>50 vr</b>   | Puck Koopman   | 0.27.84 | 15-06-2017 | <b>50 m. baan</b> |
|                   | Puck Koopman     | 1.00.26  | 24-06-2017 | <b>100 vr</b>  | Puck Koopman   | 1.01.19 | 16-06-2017 |                   |
|                   | Puck Koopman     | 2.14.55  | 29-01-2017 | <b>200 vr</b>  | Puck Koopman   | 2.15.77 | 18-06-2017 |                   |
|                   | Yke Groener      | 4.41.10  | 15-12-2017 | <b>400 vr</b>  | Yke Groener    | 4.43.42 | 15-06-2018 |                   |
|                   | Kitty Mensink    | 9.37.60  | 01-07-1988 | <b>800 vr</b>  | Yke Groener    | 9.51.58 | 06-04-2018 |                   |
|                   | Yke Groener      | 19.09.52 | 21-01-2018 | <b>1500 vr</b> |                |         |            |                   |
|                   | Joy van Dieren   | 0.31.57  | 08-05-2016 | <b>50 ru</b>   | Joy van Dieren | 0.32.11 | 17-06-2016 |                   |
|                   | Joy van Dieren   | 1.09.38  | 30-01-2016 | <b>100 ru</b>  | Joy van Dieren | 1.07.98 | 18-06-2016 |                   |
|                   | Joy van Dieren   | 2.25.89  | 29-01-2016 | <b>200 ru</b>  | Joy van Dieren | 2.27.00 | 16-06-2016 |                   |
|                   | Wendy Groeneveld | 0.36.70  | 01-07-1988 | <b>50 ss</b>   | Lonne Dijkhuis | 0.37.37 | 17-06-2007 |                   |
|                   | Wendy Groeneveld | 1.18.60  | 01-07-1988 | <b>100 ss</b>  | Lonne Dijkhuis | 1.18.54 | 17-06-2007 |                   |
|                   | Wendy Groeneveld | 2.48.80  | 01-07-1988 | <b>200 ss</b>  | Lonne Dijkhuis | 2.52.53 | 16-06-2007 |                   |
|                   | Puck Koopman     | 0.31.27  | 07-01-2017 | <b>50 vl</b>   | Puck Koopman   | 0.30.30 | 05-03-2017 |                   |
|                   | Kitty Mensink    | 1.09.52  | 01-07-1988 | <b>100 vl</b>  | Yke Groener    | 1.10.98 | 15-06-2018 |                   |
|                   | Isabel Nibourg   | 1.09.52  | 03-02-2012 |                |                |         |            |                   |
|                   | Isabel Nibourg   | 2.38.24  | 05-02-2012 | <b>200 vl</b>  | Isabel Nibourg | 2.47.93 | 17-06-2012 |                   |
|                   | Yke Groener      | 1.12.91  | 22-10-2017 | <b>100 wi</b>  |                |         |            |                   |
|                   | Puck Koopman     | 2.32.42  | 28-01-2017 | <b>200 wi</b>  | Joy van Dieren | 2.33.11 | 25-06-2016 |                   |
|                   | Puck Koopman     | 5.29.67  | 18-02-2017 | <b>400 wi</b>  | Joy van Dieren | 5.28.41 | 19-06-2016 |                   |

### 13 jaar - junioren 3



|                   |                     |            |               |                |                     |            |            |                   |
|-------------------|---------------------|------------|---------------|----------------|---------------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Puck Koopman        | 0.27.52    | 16-12-2017    | <b>50 vr</b>   | Loes Westerhof      | 0.28.30    | 19-06-2009 | <b>50 m. baan</b> |
|                   | Kiki Koopman        | 0.59.93    | 31-01-2016    | <b>100 vr</b>  | Janneke Lenderink   | 1.01.34    | 14-06-2015 |                   |
|                   | Kirsten Vliegghuis  | 2.08.60    | 03-12-1989    | <b>200 vr</b>  | Kirsten Vliegghuis  | 2.04.62    | 27-07-1990 |                   |
|                   | Kirsten Vliegghuis  | 4.26.10    | 04-11-1989    | <b>400 vr</b>  | Carien v.d. Schaaf  | 4.44.59    | 19-06-2009 |                   |
|                   | Kirsten Vliegghuis  | 9.07.50    | 18-11-1989    | <b>800 vr</b>  | Carien v.d. Schaaf  | 9.52.76    | 26-04-2009 |                   |
|                   | Carien v.d. Schaaf  | 18.31.13   | 15-02-2009    | <b>1500 vr</b> | Marieke Lenderink   | 20.02.22   | 04-03-2018 |                   |
|                   | Joy van Dieren      | 0.30.65    | 24-06-2017    | <b>50 ru</b>   | Joy van Dieren      | 0.31.83    | 06-04-2017 |                   |
|                   | Yke Groener         | 1.06.25    | 14-12-2018    | <b>100 ru</b>  | Joy van Dieren      | 1.06.94    | 17-06-2017 |                   |
|                   | Yke Groener         | 2.20.45    | 16-12-2018    | <b>200 ru</b>  | Joy van Dieren      | 2.26.41    | 15-06-2017 |                   |
|                   | Ruth Mulders        | 0.35.88    | 06-07-2002    | <b>50 ss</b>   | Kimberley Ribberink | 0.37.47    | 21-06-2009 |                   |
|                   | Lonne Dijkhuis      | 1.17.88    | 27-01-2008    | <b>100 ss</b>  | Lonne Dijkhuis      | 1.19.40    | 15-06-2008 |                   |
|                   | Lonne Dijkhuis      | 2.48.95    | 08-03-2008    | <b>200 ss</b>  | Lonne Dijkhuis      | 2.51.32    | 14-06-2008 |                   |
|                   | Yke Groener         | 0.29.97    | 24-11-2018    | <b>50 vl</b>   | Puck Koopman        | 0.29.85    | 17-06-2018 |                   |
|                   | Joy van Dieren      | 1.09.39    | 24-06-2017    | <b>100 vl</b>  | Isabel Nibourg      | 1.12.06    | 17-03-2012 |                   |
|                   | Silke Oude Weernink | 2.36.30    | 21-12-2003    | <b>200 vl</b>  | Marleen Braakhuis   | 2.53.89    | 12-05-2007 |                   |
|                   | Puck Koopman        | 1.09.96    | 17-09-2017    | <b>100 wi</b>  |                     |            |            |                   |
|                   | Yke Groener         | 2.27.11    | 14-12-2018    | <b>200 wi</b>  | Joy van Dieren      | 2.33.01    | 17-06-2017 |                   |
| Joy van Dieren    | 5.19.02             | 29-01-2017 | <b>400 wi</b> | Joy van Dieren | 5.27.56             | 18-06-2017 |            |                   |

### 14 jaar - jeugd 1

|                    |                    |            |               |                     |                                      |            |                         |                   |
|--------------------|--------------------|------------|---------------|---------------------|--------------------------------------|------------|-------------------------|-------------------|
| <b>25 m. baan</b>  | Kirsten Vliegghuis | 0.26.70    | 22-12-1990    | <b>50 vr</b>        | Janneke Lenderink                    | 0.28.13    | 21-05-2016              | <b>50 m. baan</b> |
|                    | Kirsten Vliegghuis | 0.58.30    | 01-07-1991    | <b>100 vr</b>       | Janneke Lenderink                    | 1.00.86    | 17-06-2016              |                   |
|                    | Kirsten Vliegghuis | 2.01.68    | 09-03-1991    | <b>200 vr</b>       | Kirsten Vliegghuis                   | 2.02.80    | 02-08-1991              |                   |
|                    | Kirsten Vliegghuis | 4.22.30    | 01-01-1991    | <b>400 vr</b>       | Kirsten Vliegghuis                   | 4.14.54    | 01-08-1991              |                   |
|                    | Carien v.d. Schaaf | 9.41.95    | 19-12-2009    | <b>800 vr</b>       | Kirsten Vliegghuis                   | 8.42.82    | 03-08-1991              |                   |
|                    | Carien v.d. Schaaf | 19.00.28   | 19-12-2009    | <b>1500 vr</b>      | Marieke Lenderink                    | 20.04.90   | 10-03-2019              |                   |
|                    | Elles Tijink       | 25.34.23   | 14-04-2013    | <b>2000 vr</b>      |                                      |            |                         |                   |
|                    | Joy van Dieren     | 0.30.69    | 16-12-2017    | <b>50 ru</b>        | Mathilde Stolmeijer                  | 0.31.55    | 21-05-2016              |                   |
|                    | Joy van Dieren     | 1.05.04    | 17-12-2017    | <b>100 ru</b>       | Joy van Dieren                       | 1.06.86    | 17-06-2018              |                   |
|                    | Joy van Dieren     | 2.18.87    | 16-12-2017    | <b>200 ru</b>       | Mathilde Stolmeijer / Joy van Dieren | 2.23.80    | 16-06-2016 / 17-06-2018 |                   |
|                    | Wendy Groeneveld   | 0.34.00    | 01-07-1990    | <b>50 ss</b>        | Lonne Dijkhuis                       | 0.34.48    | 16-05-2009              |                   |
|                    | Wendy Groeneveld   | 1.13.10    | 01-07-1990    | <b>100 ss</b>       | Lonne Dijkhuis                       | 1.15.26    | 12-06-2009              |                   |
|                    | Lonne Dijkhuis     | 2.43.51    | 14-03-2009    | <b>200 ss</b>       | Lonne Dijkhuis                       | 2.47.22    | 13-06-2009              |                   |
|                    | Kitty Mensink      | 0.29.50    | 01-01-1990    | <b>50 vl</b>        | Janneke Lenderink                    | 0.30.49    | 07-05-2016              |                   |
|                    | Kitty Mensink      | 1.05.10    | 01-01-1990    | <b>100 vl</b>       | Mariël Borgerink                     | 1.11.30    | 19-05-2007              |                   |
|                    | Kitty Mensink      | 2.23.54    | 01-01-1990    | <b>200 vl</b>       | Mariël Borgerink                     | 2.38.62    | 12-05-2007              |                   |
|                    | Puck Koopman       | 1.10.39    | 01-12-2018    | <b>100 wi</b>       |                                      |            |                         |                   |
| Kirsten Vliegghuis | 2.22.50            | 01-07-1991 | <b>200 wi</b> | Janneke Lenderink   | 2.33.97                              | 18-06-2016 |                         |                   |
| Kirsten Vliegghuis | 5.00.10            | 01-07-1991 | <b>400 wi</b> | Silke Oude Weernink | 5.21.48                              | 21-04-2005 |                         |                   |

### 15 jaar - jeugd 2

|                   |                     |            |               |                |                     |            |            |                   |
|-------------------|---------------------|------------|---------------|----------------|---------------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Loes Westerhof      | 0.26.96    | 03-12-2010    | <b>50 vr</b>   | Loes Westerhof      | 0.27.35    | 10-06-2011 | <b>50 m. baan</b> |
|                   | Loes Westerhof      | 0.58.42    | 15-01-2011    | <b>100 vr</b>  | Loes Westerhof      | 1.00.23    | 14-05-2011 |                   |
|                   | Romee Spin          | 2.07.67    | 29-01-2016    | <b>200 vr</b>  | Kirsten Vliegghuis  | 2.05.20    | 01-08-1992 |                   |
|                   | Kirsten Vliegghuis  | 4.11.58    | 22-01-1992    | <b>400 vr</b>  | Kirsten Vliegghuis  | 4.15.90    | 01-08-1992 |                   |
|                   | Kirsten Vliegghuis  | 8.36.55    | 21-02-1992    | <b>800 vr</b>  | Mathilde Stolmeijer | 9.44.58    | 16-06-2017 |                   |
|                   | Silke Oude Weernink | 18.34.02   | 08-01-2006    | <b>1500 vr</b> |                     |            |            |                   |
|                   | Romee Spin          | 25.08.10   | 08-05-2016    | <b>2000 vr</b> |                     |            |            |                   |
|                   | Loes Westerhof      | 0.30.66    | 04-12-2010    | <b>50 ru</b>   | Nicole Hermink      | 0.30.73    | 01-07-1999 |                   |
|                   | Mathilde Stolmeijer | 1.04.61    | 24-06-2017    | <b>100 ru</b>  | Mathilde Stolmeijer | 1.06.33    | 17-06-2017 |                   |
|                   | Joy van Dieren      | 2.17.36    | 16-12-2018    | <b>200 ru</b>  | Mathilde Stolmeijer | 2.21.60    | 15-06-2017 |                   |
|                   | Kimberley Ribberink | 0.33.46    | 05-12-2010    | <b>50 ss</b>   | Loes Westerhof      | 0.33.35    | 12-06-2011 |                   |
| Lonne Dijkhuis    | 1.12.83             | 28-12-2009 | <b>100 ss</b> | Lonne Dijkhuis | 1.14.27             | 11-06-2010 |            |                   |

|  |                     |         |            |               |                  |         |            |  |
|--|---------------------|---------|------------|---------------|------------------|---------|------------|--|
|  | Lonne Dijkhuis      | 2.42.00 | 13-03-2010 | <b>200 ss</b> | Myrna Schasfoort | 2.51.07 | 13-06-2009 |  |
|  | Loes Westerhof      | 0.29.80 | 09-10-2010 | <b>50 vl</b>  | Loes Westerhof   | 0.29.89 | 22-05-2011 |  |
|  | Silke Oude Weernink | 1.07.35 | 16-12-2005 | <b>100 vl</b> | Eefje Slootweg   | 1.10.62 | 25-05-2014 |  |
|  | Silke Oude Weernink | 2.23.79 | 16-12-2005 | <b>200 vl</b> | Mariël Borgerink | 2.40.80 | 17-05-2008 |  |
|  | Loes Westerhof      | 1.08.65 | 08-01-2011 | <b>100 wi</b> |                  |         |            |  |
|  | Silke Oude Weernink | 2.26.15 | 16-12-2005 | <b>200 wi</b> | Mariël Borgerink | 2.31.35 | 05-06-2008 |  |
|  | Silke Oude Weernink | 5.06.23 | 11-02-2006 | <b>400 wi</b> | Iris Westrik     | 5.01.05 | 01-07-1990 |  |

| 16 jaar            |                     |            |               |                    |                     |            |            |            |
|--------------------|---------------------|------------|---------------|--------------------|---------------------|------------|------------|------------|
| 25 m. baan         | Loes Westerhof      | 0.26.91    | 07-01-2012    | <b>50 vr</b>       | Loes Westerhof      | 0.27.55    | 10-04-2011 | 50 m. baan |
|                    | Kirsten Vliegghuis  | 0.57.34    | 01-01-1993    | <b>100 vr</b>      | Silke Oude Weernink | 0.58.76    | 08-06-2007 |            |
|                    | Kirsten Vliegghuis  | 2.01.25    | 01-01-1993    | <b>200 vr</b>      | Kirsten Vliegghuis  | 2.03.90    | 01-07-1993 |            |
|                    | Kirsten Vliegghuis  | 4.11.58    | 01-01-1900    | <b>400 vr</b>      | Kirsten Vliegghuis  | 4.16.83    | 01-07-1993 |            |
|                    | Kirsten Vliegghuis  | 8.36.55    | 21-02-1992    | <b>800 vr</b>      | Silke Oude Weernink | 9.55.90    | 31-03-2007 |            |
|                    | Sterre Mooiweer     | 18.00.96   | 21-02-2015    | <b>1500 vr</b>     | Sterre Mooiweer     | 18.55.15   | 18-04-2015 |            |
|                    | Sterre Mooiweer     | 23.55.34   | 21-02-2015    | <b>2000 vr</b>     | Sterre Mooiweer     | 25.25.93   | 18-04-2015 |            |
|                    |                     |            |               | <b>5000 vr</b>     | Sterre Mooiweer     | 1:04.12.35 | 18-04-2015 |            |
|                    | Nicole Hermink      | 0.29.90    | 01-02-2000    | <b>50 ru</b>       | Nicole Hermink      | 0.30.92    | 01-07-2000 |            |
|                    | Sterre Mooiweer     | 1.03.97    | 08-11-2014    | <b>100 ru</b>      | Nicole Hermink      | 1.05.98    | 01-07-2000 |            |
|                    | Sterre Mooiweer     | 2.15.61    | 07-03-2015    | <b>200 ru</b>      | Sterre Mooiweer     | 2.23.36    | 02-04-2015 |            |
|                    | Lonne Dijkhuis      | 0.33.31    | 05-12-2010    | <b>50 ss</b>       | Madelijne Schothans | 0.33.55    | 04-03-2017 |            |
|                    | Madelijne Schothans | 1.11.07    | 24-06-2017    | <b>100 ss</b>      | Madelijne Schothans | 1.13.18    | 29-01-2017 |            |
|                    | Madelijne Schothans | 2.33.98    | 11-02-2017    | <b>200 ss</b>      | Madelijne Schothans | 2.36.45    | 27-05-2017 |            |
|                    | Wendy Ligtenberg    | 0.29.10    |               | <b>50 vl</b>       | Laura Rolink        | 0.29.94    | 28-05-2016 |            |
|                    | Renate Wigger       | 1.04.40    |               | <b>100 vl</b>      | Silke Oude Weernink | 1.08.45    | 19-05-2007 |            |
|                    | Iris Westrik        | 2.18.70    | 01-07-1991    | <b>200 vl</b>      | Silke Oude Weernink | 2.22.37    | 01-06-2007 |            |
|                    | Nicole Hermink      | 1.06.60    | 01-01-2000    | <b>100 wi</b>      |                     |            |            |            |
| Kirsten Vliegghuis | 2.17.00             | 01-07-1993 | <b>200 wi</b> | Kirsten Vliegghuis | 2.22.97             | 01-06-1993 |            |            |
| Kirsten Vliegghuis | 4.48.94             | 05-03-1993 | <b>400 wi</b> | Kirsten Vliegghuis | 5.01.62             | 02-06-1993 |            |            |

| 17 jaar             |                     |            |               |                     |                     |            |            |            |
|---------------------|---------------------|------------|---------------|---------------------|---------------------|------------|------------|------------|
| 25 m. baan          | Nicole Hermink      | 0.26.82    | 01-07-2001    | <b>50 vr</b>        | Sterre Mooiweer     | 0.27.57    | 24-04-2016 | 50 m. baan |
|                     | Sterre Mooiweer     | 0.57.98    | 12-03-2016    | <b>100 vr</b>       | Silke Oude Weernink | 0.58.76    | 09-06-2007 |            |
|                     | Nicole Hermink      | 2.03.31    | 01-07-2001    | <b>200 vr</b>       | Silke Oude Weernink | 2.08.20    | 06-06-2008 |            |
|                     | Sterre Mooiweer     | 4.25.76    | 14-11-2015    | <b>400 vr</b>       | Sterre Mooiweer     | 4.35.06    | 24-04-2016 |            |
|                     | Sterre Mooiweer     | 9.23.42    | 30-10-2015    | <b>800 vr</b>       | Sterre Mooiweer     | 9.49.33    | 30-01-2016 |            |
|                     | Sterre Mooiweer     | 17.44.67   | 30-04-2016    | <b>1500 vr</b>      | Sterre Mooiweer     | 18.21.45   | 26-02-2016 |            |
|                     | Sterre Mooiweer     | 23.40.75   | 08-05-2016    | <b>2000 vr</b>      | Sterre Mooiweer     | 25.26.75   | 18-06-2016 |            |
|                     |                     |            |               | <b>5000 vr</b>      | Sterre Mooiweer     | 1:05.21.32 | 18-06-2016 |            |
|                     | Sterre Mooiweer     | 0.30.29    | 09-01-2016    | <b>50 ru</b>        | Sterre Mooiweer     | 0.30.53    | 24-04-2016 |            |
|                     | Sterre Mooiweer     | 1.04.73    | 10-01-2016    | <b>100 ru</b>       | Sterre Mooiweer     | 1.05.16    | 08-04-2016 |            |
|                     | Sterre Mooiweer     | 2.14.58    | 12-03-2016    | <b>200 ru</b>       | Sterre Mooiweer     | 2.21.51    | 24-04-2016 |            |
|                     | Madelijne Schothans | 0.33.40    | 22-10-2017    | <b>50 ss</b>        | Madelijne Schothans | 0.33.98    | 04-03-2018 |            |
|                     | Madelijne Schothans | 1.11.52    | 21-10-2017    | <b>100 ss</b>       | Madelijne Schothans | 1.13.15    | 04-03-2018 |            |
|                     | Madelijne Schothans | 2.30.28    | 20-10-2017    | <b>200 ss</b>       | Madelijne Schothans | 2.41.39    | 25-02-2018 |            |
|                     | Janneke Lenderink   | 0.29.38    | 28-10-2018    | <b>50 vl</b>        | Sterre Mooiweer     | 0.29.68    | 24-04-2016 |            |
|                     | Sterre Mooiweer     | 1.05.32    | 10-01-2016    | <b>100 vl</b>       | Sterre Mooiweer     | 1.05.97    | 28-05-2016 |            |
|                     | Silke Oude Weernink | 2.23.40    | 08-03-2008    | <b>200 vl</b>       | Silke Oude Weernink | 2.24.45    | 05-06-2008 |            |
|                     | Sterre Mooiweer     | 1.06.65    | 26-06-2016    | <b>100 wi</b>       |                     |            |            |            |
| Silke Oude Weernink | 2.23.96             | 21-12-2007 | <b>200 wi</b> | Renate Wigger       | 2.22.40             | 01-07-1988 |            |            |
| Sterre Mooiweer     | 5.05.93             | 16-10-2015 | <b>400 wi</b> | Silke Oude Weernink | 5.16.84             | 07-06-2008 |            |            |

| 18 jaar |                 |         |            |              |                 |         |            |  |
|---------|-----------------|---------|------------|--------------|-----------------|---------|------------|--|
|         | Sterre Mooiweer | 0.26.68 | 11-03-2017 | <b>50 vr</b> | Sterre Mooiweer | 0.27.28 | 13-05-2017 |  |

|                   |                     |          |            |                |                     |         |            |                   |
|-------------------|---------------------|----------|------------|----------------|---------------------|---------|------------|-------------------|
| <b>25 m. baan</b> | Sterre Mooiweer     | 0.57.47  | 15-01-2017 | <b>100 vr</b>  | Silke Oude Weernink | 0.59.51 | 29-03-2008 | <b>50 m. baan</b> |
|                   | Sterre Mooiweer     | 2.01.99  | 24-06-2017 | <b>200 vr</b>  | Silke Oude Weernink | 2.09.93 | 07-12-2008 |                   |
|                   | Sterre Mooiweer     | 4.26.13  | 07-01-2017 | <b>400 vr</b>  | Sterre Mooiweer     | 4.41.12 | 18-02-2017 |                   |
|                   | Evita Wissink       | 9.37.49  | 01-07-2004 | <b>800 vr</b>  | Sterre Mooiweer     | 9.35.06 | 29-01-2017 |                   |
|                   | Suzanne Konst       | 18.50.64 | 30-11-2008 | <b>1500 vr</b> |                     |         |            |                   |
|                   | Lonne Dijkhuis      | 25.30.70 | 27-02-2011 | <b>2000 vr</b> |                     |         |            |                   |
|                   | Sterre Mooiweer     | 0.29.72  | 27-11-2016 | <b>50 ru</b>   | Sterre Mooiweer     | 0.30.43 | 05-03-2017 |                   |
|                   | Sterre Mooiweer     | 1.01.83  | 24-06-2017 | <b>100 ru</b>  | Sterre Mooiweer     | 1.04.62 | 07-04-2017 |                   |
|                   | Sterre Mooiweer     | 2.13.43  | 06-11-2016 | <b>200 ru</b>  | Sterre Mooiweer     | 2.18.34 | 08-04-2017 |                   |
|                   | Madelijne Schothans | 0.32.25  | 22-12-2018 | <b>50 ss</b>   | Loes Zanderink      | 0.33.99 | 03-06-2007 |                   |
|                   | Madelijne Schothans | 1.10.34  | 21-12-2018 | <b>100 ss</b>  | Loes Zanderink      | 1.12.68 | 01-06-2007 |                   |
|                   | Madelijne Schothans | 2.30.12  | 23-12-2018 | <b>200 ss</b>  | Loes Zanderink      | 2.36.08 | 02-06-2007 |                   |
|                   | Sterre Mooiweer     | 0.28.72  | 07-01-2017 | <b>50 vl</b>   | Laura Rolink        | 0.29.18 | 27-05-2018 |                   |
|                   | Renate Wigger       | 1.03.94  |            | <b>100 vl</b>  | Sterre Mooiweer     | 1.07.39 | 14-05-2017 |                   |
|                   | Silke Oude Weernink | 2.21.33  | 19-12-2008 | <b>200 vl</b>  | Silke Oude Weernink | 2.30.78 | 19-04-2008 |                   |
|                   | Sterre Mooiweer     | 1.06.84  | 01-10-2016 | <b>100 wi</b>  |                     |         |            |                   |
|                   | Sterre Mooiweer     | 2.19.39  | 11-03-2017 | <b>200 wi</b>  | Sterre Mooiweer     | 2.27.42 | 29-01-2017 |                   |
|                   | Sterre Mooiweer     | 4.59.73  | 12-11-2016 | <b>400 wi</b>  | Silke Oude Weernink | 5.16.87 | 28-03-2009 |                   |

| <b>All-in</b>     |                          |            |               |                |                     |            |            |                   |
|-------------------|--------------------------|------------|---------------|----------------|---------------------|------------|------------|-------------------|
| <b>25 m. baan</b> | Sterre Mooiweer          | 0.26.39    | 12-11-2017    | <b>50 vr</b>   | Sterre Mooiweer     | 0.27.28    | 13-05-2017 | <b>50 m. baan</b> |
|                   | Sterre Mooiweer          | 0.57.04    | 18-11-2017    | <b>100 vr</b>  | Silke Oude Weernink | 0.58.76    | 09-06-2007 |                   |
|                   | Kirsten Vlieghuis        | 2.01.25    | 01-01-1993    | <b>200 vr</b>  | Kirsten Vlieghuis   | 2.03.90    | 01-07-1993 |                   |
|                   | Kirsten Vlieghuis        | 4.11.58    | 22-01-1992    | <b>400 vr</b>  | Kirsten Vlieghuis   | 4.16.83    | 01-07-1993 |                   |
|                   | Kirsten Vlieghuis        | 8.36.55    | 01-01-1993    | <b>800 vr</b>  | Sterre Mooiweer     | 9.35.06    | 29-01-2017 |                   |
|                   | Sterre Mooiweer          | 17.44.67   | 30-04-2016    | <b>1500 vr</b> | Sterre Mooiweer     | 18.21.45   | 26-02-2016 |                   |
|                   | Sterre Mooiweer          | 23.40.75   | 08-05-2016    | <b>2000 vr</b> |                     |            |            |                   |
|                   | Sterre Mooiweer          | 0.29.01    | 21-10-2017    | <b>50 ru</b>   | Sterre Mooiweer     | 0.30.07    | 22-06-2018 |                   |
|                   | Sterre Mooiweer          | 1.00.73    | 20-10-2017    | <b>100 ru</b>  | Sterre Mooiweer     | 1.03.54    | 25-02-2018 |                   |
|                   | Sterre Mooiweer          | 2.09.85    | 23-12-2017    | <b>200 ru</b>  | Sterre Mooiweer     | 2.15.06    | 15-04-2018 |                   |
|                   | Lonne Dijkhuis           | 0.31.26    | 22-12-2018    | <b>50 ss</b>   | Lonne Dijkhuis      | 0.31.95    | 23-06-2018 |                   |
|                   | Lonne Dijkhuis           | 1.08.05    | 21-12-2018    | <b>100 ss</b>  | Lonne Dijkhuis      | 1.11.09    | 24-06-2018 |                   |
|                   | Loes Zanderink           | 2.26.67    | 20-12-2008    | <b>200 ss</b>  | Loes Zanderink      | 2.29.90    | 01-07-2009 |                   |
|                   | Sterre Mooiweer          | 0.28.72    | 07-01-2017    | <b>50 vl</b>   | Laura Rolink        | 0.29.18    | 27-05-2018 |                   |
|                   | Renate Wigger            | 1.03.94    |               | <b>100 vl</b>  | Sterre Mooiweer     | 1.05.97    | 28-05-2016 |                   |
|                   | Renate Wigger / Iris Wes | 2.18.70    |               | <b>200 vl</b>  | Silke Oude Weernink | 2.22.37    | 01-06-2007 |                   |
|                   | Lonne Dijkhuis           | 1.05.32    | 06-10-2018    | <b>100 wi</b>  |                     |            |            |                   |
|                   | Kirsten Vlieghuis        | 2.17.00    | 01-07-1993    | <b>200 wi</b>  | Renate Wigger       | 2.22.40    | 01-07-1988 |                   |
| Kirsten Vlieghuis | 4.48.94                  | 05-03-1993 | <b>400 wi</b> | Iris Westrik   | 5.01.05             | 01-07-1990 |            |                   |

# CLUBRECORDS ESTAFETTES 25m BAAN

Leeftijd bepaald vanaf 1 sept. tot 1 sept volgend jaar

| <b>11 jaar - Heren (minioren 6 en later)</b>                    |                |            |           |
|---|----------------|------------|-----------|
| <b>4 x 50m vrije slag</b>                                       | <b>2.08.73</b> | 27-09-2009 | Eindhoven |
| Mart Kortman – Björn v/d Velde – Django Klos – Tom Laarhuis     |                |            |           |
| <b>4 x 100m vrije slag</b>                                      | <b>4.50.60</b> | 19-09-2007 | Oldenzaal |
| Rik Heijdens – Fedde Beukers – Freek Tijink – Karst Boersma     |                |            |           |
| <b>4 x 50m wisselslag</b>                                       | <b>2.28.95</b> | 22-11-2008 | Hengelo   |
| Luuk Hendriksen – Fedde Beukers – Tom Laarhuis – Mart Kortman   |                |            |           |
| <b>4 x 100m wisselslag</b>                                      | <b>5.27.48</b> | 02-12-2007 | Oldenzaal |
| Tom Laarhuis – Karst Boersma – Lorenzo Peperkamp – Rik Heijdens |                |            |           |
| <b>4 x 50m schoolslag</b>                                       | <b>3.02.92</b> | 30-09-2018 | Eindhoven |
| Tiede Groener – Sam Leferink – Daan van Peet – Chris Kleissen   |                |            |           |

| <b>13 jaar - Heren (junioren 2 en later)</b>                                    |                |            |           |
|---|----------------|------------|-----------|
| <b>5 x 50m vrije slag</b>   | <b>2.29.14</b> | 14-09-2008 | Denekamp  |
| Damon Peperkamp – Yoran Klos – Coen Reukers – Lorenzo Peperkamp – Karst Boersma |                |            |           |
| <b>4 x 100m vrije slag</b>  | <b>4.17.41</b> | 27-09-2009 | Eindhoven |
| Karst Boersma – Rik Heijdens – Lorenzo Peperkamp – Yoran Klos                   |                |            |           |
| <b>4 x 100m wisselslag</b>  | <b>4.52.17</b> | 27-09-2009 | Eindhoven |
| Luuk Hendriksen – Fedde Beukers – Lorenzo Peperkamp – Yoran Klos                |                |            |           |

## 4x 100m rugslag

| <b>13 jaar - Gemengd</b>                                  |                |            |           |
|---|----------------|------------|-----------|
| <b>4 x 50m wisselslag</b>                                 | <b>2.03.21</b> | 24-06-2017 | Amsterdam |
| Joy van Dieren-Kevin Lucas-Luuk Ruinemans-Puck Koopman    |                |            |           |
| <b>4 x 50m vrije slag</b>                                 | <b>1.58.15</b> | 21-04-2018 | Amsterdam |
| Puck Koopman - Yke Groener - Milan Lucas - Thijn Ekelboom |                |            |           |

| <b>15 jaar - Heren (junioren 4 en later)</b>             |                |            |          |
|--|----------------|------------|----------|
| <b>4 x 50m vrije slag</b>                                | <b>1.42.93</b> | 18-12-2011 | Denekamp |
| Tom Laarhuis – Yoran Klos – Karst Boersma – Mart Kortman |                |            |          |

| <b>11 jaar - Dames (junioren 1 en later)</b>                             |                |            |           |
|--|----------------|------------|-----------|
| <b>4 x 50m vrije slag</b>  | <b>2.07.86</b> | 10-12-2005 | Losser    |
| Noortje Timmerman - Danique Thijert - Maud Hesselink - Lonne Dijkhuis    |                |            |           |
| <b>4 x 50m wisselslag</b>  | <b>2.26.59</b> | 26-09-2010 | Drachten  |
| Laurette v/d Woning - Laura Rolink - Isabel Nibourg - Laura Stegge       |                |            |           |
| <b>4 x 100m wisselslag</b>   | <b>5.34.57</b> | 02-12-2007 | Oldenzaal |
| Veronique v/d Velde – Anouk Knippers – Marloes Ekelboom – Anique Aten    |                |            |           |
| <b>4 x 50m schoolslag</b>  | <b>3.02.74</b> | 30-09-2018 | Eindhoven |
| Pien Hemmeler - Marit Westerhof - Laurien Gliese-Slooijer - Lynn Wennink |                |            |           |

| <b>13 jaar - Dames (junioren 3 en later)</b>                                     |                |            |            |
|--|----------------|------------|------------|
| <b>4 x 50m vrije slag</b>  | <b>1.54.59</b> | 08-05-2016 | Denekamp   |
| Puck Koopman - Quinty Setlight - Kiki Koopman - Joy van Dieren                   |                |            |            |
| <b>4 x 100m vrije slag</b>   | <b>4.08.97</b> | 31-01-2009 | Dordrecht  |
| Loes Westerhof - Noortje Timmerman - Danique Wagenvoort - Carien v/d Schaaf      |                |            |            |
| <b>4 x 200m vrije slag</b>   | <b>9.03.90</b> | 17-12-2017 | Eindhoven  |
| Yke Groener - Sanne Temmen - Puck Koopman - Marieke Lenderink                    |                |            |            |
| <b>5 x 50m vrije slag</b>  | <b>2.24.32</b> | 08-05-2016 | Denekamp   |
| Puck Koopman - Quinty Setlight - Kiki Koopman – Joy van Dieren - Mayke Westerhof |                |            |            |
| <b>4 x 100m rugslag</b>  | <b>4.55.78</b> | 24-09-2017 | Eindhoven  |
| Puck Koopman - Yke Groener - Tess Wolbert - Marieke Lenderink                    |                |            |            |
| <b>4 x 100m schoolslag</b>   | <b>5.34.82</b> | 24-09-2017 | Eindhoven  |
| Tess Wolbert – Puck Koopman – Sanne Temmen – Marieke Lenderink                   |                |            |            |
| <b>4 x 50m wisselslag</b>  | <b>2.08.68</b> | 08-05-2016 | Denekamp   |
| Joy van Dieren – Quinty Setlight – Puck Koopman – Kiki Koopman                   |                |            |            |
| <b>4 x 100m wisselslag</b>   | <b>4.42.42</b> | 11-02-2017 | Leeuwarden |
| Joy van Dieren - Tess Wolbert - Puck Koopman - Soraya Rakers                     |                |            |            |

| <b>15 jaar - Dames (jeugd 2 en later)</b>                            |                |            |          |
|--|----------------|------------|----------|
| <b>4 x 50m vrije slag</b>  | <b>1.48.73</b> | 22-12-1990 | Denekamp |
| Kirsten Vliegghuis – Kitty Mensink – Renate Weijering – Anouk Visser |                |            |          |

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| <b>5 x 50m vrije slag</b>  | <b>2.10.77</b> | 18-12-2011 | Denekamp  |
| Tom Laarhuis – Yoran Klos – Karst Boersma – Mart Kortman – Fedde Beukers |                |            |           |
| <b>4 x 100m vrije slag</b>   | <b>3.47.03</b> | 27-09-2009 | Eindhoven |
| Yoran Klos – Karst Boersma – Tom Laarhuis – Mart Kortman                 |                |            |           |
| <b>4 x 200m vrije slag</b>   | <b>8.18.97</b> | 12-11-2011 | Barneveld |
| Karst Boersma – Tom Laarhuis – Mart Kortman – Yoran Klos                 |                |            |           |
| <b>4 x 100m wisselslag</b>   | <b>3.57.26</b> | 24-11-1996 | Almelo    |
| Peter Olde Dubbelink – Jeroen Weijering – Wouter Keizer – Johan Kenkhuis |                |            |           |
| <b>4 x 100m schoolslag</b>   | <b>4.54.35</b> | 24-09-2017 | Eindhoven |
| Jurje Hanstede - Kevin Lucas - Robin Kamps – Jordi Kamps                 |                |            |           |
| <b>4 x 100m rugslag</b>  | <b>4.20.64</b> | 24-09-2017 | Eindhoven |
| Lukas Binnekamp - Robin Kamps – Jordi Kamps – Jurje Hanstede             |                |            |           |
| <b>4 x 50m wisselslag</b>  | <b>2.02.68</b> | 21-10-2017 | Bremen    |
| Robin Kamps - Kevin Lucas - Jurje Hanstede - Mika Heskamp                |                |            |           |
| <b>15 jaar - Gemengd</b>   |                |            |           |
| <b>4 x 100m wisselslag</b>   | <b>4.15.71</b> | 24-06-2017 | Amsterdam |
| Mathilde Stolmeijer-Jurje Hanstede-Janneke Lenderink-Milan van Dieren    |                |            |           |
| <b>4 x 50m vrije slag</b>  | <b>1.52.46</b> | 22-10-2017 | Bremen    |
| Lukas Binnekamp - Puck Koopman - Tess Wolbert - Robin Kamps              |                |            |           |
| <b>4 x 100m vrije slag</b>   | <b>3.54.61</b> | 21-04-2018 | Amsterdam |
| Jurje Hanstede - Puck Koopman - Lukas Binnekamp - Kiki Koopman           |                |            |           |

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|--|----------------|------------|-----------|
| <b>16 jaar - Gemengd</b>                                       |                |            |           |
| <b>4 x 100m vrije slag</b>                                     | <b>3.46.05</b> | 24-06-2017 | Amsterdam |
| Laura Rolink-Gijsbert Pelleboer-Janneke Lenderink-Dennis Kamps |                |            |           |

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| <b>17 jaar - Heren (jeugd 2 en later)</b>                                  |                |            |            |
| <b>4 x 50m vrije slag</b>  | <b>1.38.41</b> | 10-11-1996 | Denekamp   |
| Johan Kenkhuis – Jeroen Weijering – Peter Olde Dubbelink – Joris Keizer    |                |            |            |
| <b>5 x 50m vrije slag</b>  | <b>2.06.80</b> | 07-10-2012 | Denekamp   |
| Damon Peperkamp – Yoran Klos – Tom Laarhuis – Karst Boersma – Mart Kortman |                |            |            |
| <b>4 x 100m vrije slag</b>   | <b>3.34.34</b> | 17-11-1996 | Amersfoort |
| Peter Olde Dubbelink – Joris Keizer – Johan Kenkhuis – Ron Keizer          |                |            |            |
| <b>4 x 200m vrije slag</b>   | <b>7.50.39</b> | 24-11-1996 | Denekamp   |
| Ron Keizer – Johan Kenkhuis – Peter Olde Dubbelink – Joris Keizer          |                |            |            |
| <b>4 x 50m wisselslag</b>  | <b>1.49.80</b> | 30-03-1996 | Amersfoort |

|  |                |            |           |
|--|----------------|------------|-----------|
| <b>5 x 50m vrije slag</b>  | <b>2.19.20</b> | 19-11-1989 | Almelo    |
| Kirsten Vliegghuis – Kitty Mensink – Renate Weijering – Anouk Visser – Bianca Meinders |                |            |           |
| <b>4 x 100m vrije slag</b>   | <b>4.00.50</b> | 04-11-1989 | Denekamp  |
| Renate Weijering – Anouk Visser – Kirsten Vliegghuis – Kitty Mensink                   |                |            |           |
| <b>4 x 200m vrije slag</b>   | <b>8.45.46</b> | 28-01-2017 | Eindhoven |
| Mathilde Stolmeijer - Kiki Koopman - Chimene Rakers - Janneke Lenderink                |                |            |           |
| <b>4 x 100m wisselslag</b>   | <b>4.36.37</b> | 16-12-2017 | Eindhoven |
| Joy van Dieren - Soraya Rakers - Quinty Setlight - Kiki Koopman                        |                |            |           |
| <b>4 x 50m wisselslag</b>  | <b>2.13.97</b> | 21-10-2017 | Bremen    |
| Puck Koopman - Tess Wolbert - Soraya Rakers - Sanne Temmen                             |                |            |           |

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| <b>16 jaar - Dames</b>   |                |            |          |
| <b>4 x 50m wisselslag</b>  | <b>2.03.71</b> | 18-09-2016 | Denekamp |
| Mathilde Stolmeijer – Madelijne Schothans – Janneke Lenderink – Kiki Koopman |                |            |          |

|   |                |            |           |
|---|----------------|------------|-----------|
| <b>17 jaar - Dames</b>  |                |            |           |
| <b>4 x 50m vrije slag</b>   | <b>1.48.73</b> | 22-12-1990 | Denekamp  |
| Kirsten Vliegghuis – Kitty Mensink – Renate Weijering – Anouk Visser                |                |            |           |
| <b>4 x 100m vrije slag</b>  | <b>3.54.34</b> | 21-10-1990 | Denekamp  |
| Iris Westrik – Kirsten Vliegghuis – Kitty Mensink – Renate Weijering                |                |            |           |
| <b>4 x 200m vrije slag</b>  | <b>8.18.07</b> | 10-03-1991 | Dordrecht |
| Kirsten Vliegghuis – Renate Weijering – Kitty Mensink – Anouk Visser                |                |            |           |
| <b>10 x 100m vrije slag</b>   | <b>9.56.50</b> | 21-10-1990 | Denekamp  |
| Iris Westrik – Kirsten Vliegghuis – Kitty Mensink – Renate Weijering – Anouk Visser |                |            |           |
| Karin Koelma–Wendy Groeneveld–Marloes Mensink–Marieke Westerhof – Bianca Meinders   |                |            |           |

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|--|----------------|------------|-----------|
| Peter Olde Dubbelink – Jeroen Weijering – Joris Keizer – Johan Kenkhuis          |                |            |           |
| <b>10 x 100m vrije slag</b>  | <b>9.33.51</b> | 30-12-2012 | Denekamp  |
| Mart Kortman – Fedde Beukers – Pascal Bloemen – Tom Laarhuis – Karst Boersma     |                |            |           |
| Coen Reukers – Lorenzo Peperkamp – Yonno Paalhaar – Damon Peperkamp – Yoran Klos |                |            |           |
| <b>4 x 100m wisselslag</b>   | <b>4.00.03</b> | 26-01-2017 | Eindhoven |
| Koen Brummelaar - Gijsbert Pelleboer - Dennis Kamps - Pascal Bloemen             |                |            |           |

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| <b>17 jaar - Gemengd</b>  |                |            |           |
| <b>4 x 50m vrije slag</b>   | <b>1.47.85</b> | 22-10-2016 | Bremen    |
| Dennis Kamps – Koen Brummelaar – Janneke Lenderink – Kiki Koopman   |                |            |           |
| <b>4 x 50m wisselslag</b>   | <b>1.59.15</b> | 23-10-2016 | Bremen    |
| Koen Brummelaar – Madelijne Schothans – Dennis Kamps – Kiki Koopman |                |            |           |
| <b>4 x 100m wisselslag</b>  | <b>4.08.30</b> | 21-04-2018 | Amsterdam |
| Joy van Dieren - Jurre Hanstede - Dennis Kamps - Kiki Koopman       |                |            |           |

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| <b>All in - Heren</b>  |                |            |            |
| <b>4 x 50m vrije slag</b>  | <b>1.34.82</b> | 15-02-1997 | Amersfoort |
| Johan Kenkhuis – Willy Hansen – Tjakko Ruinemans – Joris Keizer                      |                |            |            |
| <b>5 x 50m vrije slag</b>  | <b>1.59.89</b> | 18-12-2011 | Denekamp   |
| Kasper Leeuw – Jeroen Gijsselaar – Sjoerd Zanderink – Pim Kienhuis – Menno Manning   |                |            |            |
| <b>4 x 100m vrije slag</b>   | <b>3.27.35</b> | 06-12-1996 | Utrecht    |
| Johan Kenkhuis – Joris Keizer – Tjakko Ruinemans – Willy Hansen                      |                |            |            |
| <b>4 x 200m vrije slag</b>   | <b>7.37.38</b> | 22-12-2018 | Tilburg    |
| Karst Boersma - Dennis Kamps - Jurre Hanstede - Tom Laarhuis                         |                |            |            |
| <b>10 x 100m vrije slag</b>  | <b>8.58.67</b> | 17-11-1996 | Amersfoort |
| Peter Olde Dubbelink – Joris Keizer – Johan Kenkhuis – Ron Keizer – Tjakko Ruinemans |                |            |            |
| Bas van Heek – Willy Hansen – Wouter Keizers – Jeroen Weijering – Tim Bosch          |                |            |            |
| <b>4 x 100m rugslag</b>  | <b>3.54.84</b> | 23-09-2018 | Eindhoven  |
| Tom Laarhuis - Lukas Binnekamp - Dennis kamps - Karst Boersma                        |                |            |            |
| <b>4 x 100m schoolslag</b>   | <b>4.27.05</b> | 23-09-2018 | Eindhoven  |
| Karst Boersma - Jeroen Gijsselaar - Tom Laarhuis - Jurre Hanstede                    |                |            |            |
| <b>4 x 100m vlinderslag</b>  | <b>3.52.61</b> | ??-??-1997 | ?????      |
| Joris Keizer – Bas van Heek – Johan Kenkhuis – Tjakko Ruinemans                      |                |            |            |
| <b>4 x 50m wisselslag</b>  | <b>1.45.22</b> | 16-02-1997 | Amersfoort |
| Tjakko Ruinemans – Willy Hansen – Joris Keizer – Johan Kenkhuis                      |                |            |            |
| <b>4 x 100m wisselslag</b>   | <b>3.52.79</b> | 21-12-2018 | Tilburg    |

|   |                |            |           |
|---|----------------|------------|-----------|
| <b>All in - Dames</b>   |                |            |           |
| <b>4 x 50m vrije slag</b>   | <b>1.44.94</b> | 11-12-2016 | Denekamp  |
| Noortje Timmerman – Loes Westerhof - Sterre Mooiweer – Kiki Koopman                 |                |            |           |
| <b>5 x 50m vrije slag</b>   | <b>2.11.82</b> | 11-12-2016 | Denekamp  |
| Noortje Timmerman–Loes Westerhof–Sterre Mooiweer–Kiki Koopman–Janneke Lenderink     |                |            |           |
| <b>4 x 100m vrije slag</b>  | <b>3.54.17</b> | 13-01-2018 | Hoogeveen |
| Janneke Lenderink - Laura Rolink - Kiki Koopman - Sterre Mooiweer                   |                |            |           |
| <b>4 x 200m vrije slag</b>  | <b>8.18.07</b> | 10-03-1991 | Dordrecht |
| Kirsten Vliegheuis – Renate Weijering – Kitty Mensink – Anouk Visser                |                |            |           |
| <b>10 x 100m vrije slag</b>   | <b>9.51.10</b> | 17-04-2016 | Denekamp  |
| Romée Spin – Danique Wagenvoort – Marlies Reinders – Kiki koopman – Laura Rolink    |                |            |           |
| Janneke Lenderink–Silke Oude Weernink–Anouk Knippers–Loes Westerhof–Sterre Mooiweer |                |            |           |
| <b>4 x 100m rugslag</b>   | <b>4.22.82</b> | 24-09-2017 | Eindhoven |
| Mathilde Stolmeijer – Noortje Timmerman – Joy van Dieren – Sterre Mooiweer          |                |            |           |
| <b>4 x 100m schoolslag</b>  | <b>4.44.42</b> | 23-09-2018 | Eindhoven |
| Lonne Dijkhuis - Anouk Knippers - Myrna Schasfoort - Madelijne Schothans            |                |            |           |
| <b>4 x 100m vlinderslag</b>   | <b>4.25.34</b> | 25-09-2016 | Eindhoven |
| Noortje Timmerman - Eefje Slootweg - Marlies Reinders - Sterre Mooiweer             |                |            |           |
| <b>4 x 50m wisselslag</b>   | <b>1.57.43</b> | 28-09-2016 | Denekamp  |
| Sterre Mooiweer – Lonne Dijkhuis – Loes Westerhof – Noortje Timmerman               |                |            |           |
| <b>4 x 100m wisselslag</b>  | <b>4.13.81</b> | 04-11-2016 | Hoofddorp |

Tom Laarhuis - Jurre Hanstede - Dennis Kamps - Karst Boersma

Noortje Timmerman - Lonne Dijkhuis - Sterre Mooiweer - Loes Westerhof

| <b>All in - Gemengd</b>  |                |            |           |
|--|----------------|------------|-----------|
| <b>4 x 50m vrije slag</b>  | <b>1.39.34</b> | 04-11-2016 | Hoofddorp |
| Yoran Klos – Karst Boersma –Noortje Timmerman – Loes Westerhof   |                |            |           |
| <b>10 x 50m vrije slag</b>   | <b>4.18.30</b> | 24-06-2017 | Amsterdam |
| Yoran Klos-Noortje Timmerman-Karst Boersma-Sterre Mooiweer-Gijsbert Pelleboer<br>Laura Rolink-Milan van Dieren-Janneke Lenderink-Kevin Lucas- Puck Koopman |                |            |           |
| <b>4 x 50m wisselslag</b>  | <b>1.49.36</b> | 05-11-2016 | Hoofddorp |
| Tom Laarhuis – Lonne Dijkhuis – Yoran Klos – Loes Westerhof  |                |            |           |